



Tune In, Turn On, Tap Into The Loving Presence of the Divine

Minister's Message

A Simple Touch

Four and half years ago a man named Arjuna Ardagh came to present a workshop at Seattle Unity. He had just returned from a 21 day process in India where he had received the Oneness Blessing and wanted to know if Maureen and I would like a 'Deeksha'. He put his hands on our heads for 45 seconds, we thanked him, and from there our whole world changed. From a simple touch on the top of our heads, we found ourselves on a new inner journey which included two trips to India where we, too, were initiated as blessing givers. Since that time we have had the honor of sharing the Oneness Blessing with thousands of people. A simple touch completely changed our world.

Each of us has a unique way we touch the world around us. Whenever we interact with anyone or anything we are touching the world in ways that make a difference of which we are often not aware. As we reflect on this past year we can evaluate the many ways we have touched and been touched by others and have thus been touched by the hands of the Divine in human form.

Whenever we decide to deepen our connection with God, the Beloved reaches out to touch us in perfect, miraculous ways. This inner deepening can be fostered through many forms. For some it has been a deeper connection through Unity's metaphysical approach to The Bible. For others it has been through meditation techniques taught by The Buddha. Others are touched by Hatha Yoga or are awakened through The Course In Miracles or the Oneness Blessing. For many it is a combination of several practices.

At Unity of Wilmington we seek to meet you right where you are and allow you the freedom to be touched by God in whatever way is perfect for you right now. As you read this newsletter you will be called to certain events that will help you dive deeper into the well of your own being. Together as we tune in, turn on, and tap into The Loving Presence of the Divine, we are blessed and in turn bless those around us with our open hands and loving hearts.

May you feel the touch of The Loving Presence of the Divine in this New Year in all of its perfect, miraculous ways!

Namaste,

Richard and Maureen



Weekly Scheduled Classes are Listed on Inside of Back Cover

Birthday Sunday—Cupcakes Needed

Jan. 2 and Feb. 6 at 9:00 and 11:00 am

Peas and Greens Luncheon

Jan. 2 at Noon

Healing Night

Monday, Jan. 3 and Feb. 7 at 7:00 pm

Heart-Centered Metaphysics Class Begins

Monday, Jan. 10 at 7:00 pm

Mantra with Karl Anthony

Wednesday, Jan. 12 at 7:00 pm

Soup Sunday

Jan. 16 at Noon

Diameter of Time Presentation

Sunday, Jan. 16 at 1:00 pm

Mardi Gras Planning Meeting

Thursday, Jan. 20 at 3:00 pm

Quantum Energetics

Thursday, Jan. 20 at 6:30 pm

Pot Luck Dinner/Game Night

Friday, Jan. 21 at 6:30 pm

Improv

Thursday, Jan. 27 at 7:00 pm

Integrated Health Arts Connection

Healing Night

Friday, Jan. 28 at 7:00 pm

Integrated Health Arts Connection

Saturday, Jan. 29, 9-5:00 pm

Valentina Workshop

Sunday, Jan. 30, 2:00 pm

Reiki Practitioners

Monday, Jan. 31 at 7:00 pm

Annual Meeting

Sunday, Feb. 6 at Noon

Healing Night

Monday, Feb. 7 at 7:00 pm

Women's Dinner Out

Tuesday, Feb. 8 at 6:00 pm

Oneness Blessing Info Meeting

Friday, Feb. 11, 7:00 pm

Oneness Blessing Course

Saturday, Feb. 12, 9-5:00 pm

Newsletter Deadline

Friday, Feb. 18 at noon

Phil Jones Workshop

Sunday, Feb. 20 at 1:00 pm

Reiki Practitioners

Monday, Feb. 28 at 7:00 pm

Mantra

**Laser Kirtan
Concert**

**KARL
ANTHONY**

www.karlantony.com

**Brilliant Laser Lights with Karl Anthony's Vibrant Acoustic Kirtan Music
YOGA FOR THE MIND**

Sanskrit and English chants rejuvenate the body, mind, and spirit while surrounded in an atmosphere of warm vibrant laser lights. Be transformed the moment you enter Mantra's healing space.

Music and Light are powerful healers and whether you choose to chant or just relax in the vibration, you will be well nourished deep within your being. Explore the beauty of your soul being *Showered In Light & Music*.

All Are Welcome! Love Offering

Jan 12 Wednesday 7pm



Wilmington Unity

717 Orchard Avenue
Wilmington 28403

FOR INFO CALL: (910) 763-5155

Rev Richard & Maureen Levy
will close the evening with
the **Oneness Blessing**

*Stop, Calm and Rest for yourself
and for the benefit of all beings.*

QUANTUM ENERGETICS PLAYGROUND
Thursday, January 20 and March 3
Beginners at 6:30 p.m.
All others: 7:00 p.m.

Matrix Energetics utilizes the concepts of quantum physics where change can be instantaneous and unlimited.

Practice with Christine Bennett and Beth Ventre to experience the playfulness of Matrix and see how it can open doors into unlimited thinking and possibilities.

Introductory Class for Beginners: 6:30 p.m.
Intermediate Class for those who've been to previous classes and want to practice, join us at 7:00 p.m.

Christine Bennett is a certified Matrix Energetics Practitioner and a Craniosacral Therapist. Beth Ventre is a Physical Therapist who also utilizes Matrix Energetics with her clients.

Come and play!!!

A love offering will be taken.

White Stone Ceremony
Sunday, January 2
Both Services

Join us for this special ceremony where we will set our intentions for the new year in 'stone.'

Join us for a Traditional
Peas and Greens Luncheon
(and Cupcakes!) after Worship
Sunday, January 2nd at Noon

The eating of peas (symbol of coins) and greens (symbol of cash) is a wonderful Southern tradition that sets an intention of prosperity for the New Year. Let's celebrate together the potential we have to experience the greater life in 2011! Please bring your traditional New Year dish to share! It's also Birthday Sunday, so let's bring cupcakes too! After lunch, we will be taking down decorations—please join us!



Become a Oneness Blessing Giver
and Contribute to the Awakening of
Humanity

Oneness Experience Course
and
Oneness Blessing Giver Initiation

February 11-13
with Richard & Maureen Levy

The Oneness Blessing:

- * Helps quiet the chatter of the Mind, resulting in clarity of perception and spontaneous awareness of Peace, Love and Joy
- * Helps dissolve negative life scripts, patterns, conditionings and repressed emotions
- * Helps release traumas stored at the cellular and energetic levels of mind and body, facilitating healing, harmony and unconditional love in relationships
- * Helps de-clutch the attachments of the mind
- * Deepens your connection to your own spiritual practice
- * Allows one to *physically* experience the Divine

Friday Night 7:00-9:00 p.m. - Open to All
Saturday 9:00 a.m.—4:00 p.m. and
Sunday 2:00-5:00 p.m.
for Registered Participants

\$195 for the Weekend/Blessing Givers \$100
No one turned away for lack of funds

Integrative Health Arts Connection

Friday-Sunday, January 28-30, 2011

That which is a mystery shall no longer be so, and that which has been veiled will be revealed; that which has been withdrawn will emerge into the light, and all shall see and together they shall rejoice.
–Alice Bailey

Over a third of all Americans seek relief from aches, pains and cures outside mainstream medicine as published in the New England Journal of Medicine. In all, Americans made 425 million visits to alternative therapies in 1990, more than all family doctors, internists, and other health-care physicians. Quantum health medicine and the Integrative Health Arts are a way of enhancing the healing of the whole person, incorporating the physical, mental, emotional, social and spiritual levels.

Beyond the medical expert as the health-care provider, or the individuals themselves, there lies a recognition that healing is generally a work of relationships, that ordinary people heal one another, and that we are health-care providers for each other. People have been healing each other since the beginning, long before there were physicians, long before there were CAT scanners and MRIs. If “it takes a whole village to raise a child,” perhaps it may take a whole community to ensure the health of its members.

Come to the **INTEGRATIVE HEALTH ARTS CONNECTION on January 28, 29, and 30**

The ocean of energy that interconnects our mind, body and soul in the healing arts field will be presented in a variety of styles by extraordinary IHA professionals. This connection is for anyone interested in awakening the body’s potentials and learning to heal. You are welcome to contact the event director Eileen MaryAnn Argenbright at 910.350.8056 and e-mail spiritonesart@aol.com for information.

Experience the healing vibration of the Integrative Health Arts starting on Friday, January 28 from 7:00-9:00 p.m. exploring Reiki, massage, hands-on therapeutic touch, relaxation, Scalar wave laser, on-going visualization tapes, musical meditation throughout the evening and so much more. This Friday event is free with a suggested donation of \$10.

An introduction of IHA professional workshops will be held on Saturday, January 29 from 9:00- 5:00 p.m. These workshops will allow you to breathe and expand with informed knowledge in a comfortable space. Your healing is not a rushed affair. You will be able to stop for a moment and listen, and begin the healing process. We honor the IHA professionals with their integrated approach that makes use of the strengths of each type of medical practice that can give you the most effective care possible. The cost for this all-day event is \$40 (which includes a buffet lunch). Flyers will be available online at unitywil.com or can be picked up at the church.

Join us on Sunday, January 30 at 9:00 or 11:00 a.m. for an illuminating and spiritual worship service led by Rev. Richard Levy. Come away with a message of strength and joy and a song in your heart.

“Everything is made of love”

We are honored and inspired to welcome on Sunday, January 30 from 2:00-5:00 p.m. internationally renown Russian healer **Valentina**. Her credits are impressive from world leaders to our own local community as medical intuitive, therapist, teacher, scientist and writer. From an early age, her grandmother trained her in the traditional arts of herbology and healing, which later expanded to include homeopathy and bio-energetic healing through gentle body adjustments. These body adjustments are deep and advanced forms of therapy that penetrate the body’s awareness to where the roots of a condition reside. At this cellular level, emotional blockages and physical illness are healed without medication.

Our circle of being together on Sunday with **Valentina** will help to resolve many issues for all of us. Hear the universal messages from the dolphins and feel the inner health, inner strength and peace through her support of LIFE. Afternoon session – cost is \$40.

When you heal yourself and assist others with their self-healing,
you heal the EARTH.

For more information go to www.unitywil.com

Lasagna Luncheon for Meals on Wheels Great Job!

Thanks so much to everyone who helped provide a hot, home-made meal to a homebound person. We prepared about 275 meals, brought a few trays of lasagna to the Hospice Care Center and gave some to our families. It took lots of lasagna and many volunteers to make this happen. And we did it in under two hours! A special thanks to Emily, William, Anthony, Anna, and David Hinrich's for heading up this project. We also thank our volunteers, lasagna makers, and those who donated funds to purchase the fruit and salad. Some say it takes a village, we say it takes a congregation! Great job!



Heart Centered Metaphysics Class Begins Monday, January 10

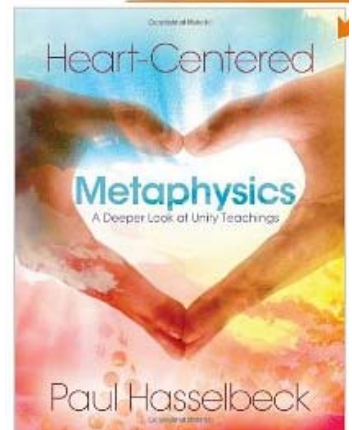
Paula Zabkar will be starting a four part series in January using the text Heart Centered Metaphysics, by Paul Hasselbeck.

The first five week session will be on Mondays, January 10, 17, 24, 31 and February 7, from 7:00-9:00 p.m.

Heart-centered metaphysics is a large and comprehensive subject consisting of powerful Divine Ideas, Principles and Laws that can be used to improve everyday life. In Unity, *metaphysics* is considered synonymous with *theology*; thus the study of metaphysics is the study of Unity theology! This text is focused on beliefs about the nature of Ultimate Reality or Oneness, from a Unity perspective. We will explore this idea through the 'lens of the heart' with the goal of embodying and expressing these spiritual concepts.

Expand your understanding of God and learn to live a holy and joyous life. Join us Mondays, January 10, 17, 24, 31 and February 7, from 7:00-9:00 p.m.

The book is available at the church office for \$24.



Healing Night Mondays, January 3 and February 7 7:00-9:00 p.m.

This evening of healing is open to all wishing to receive healing touch. Contact Sis Tyler at 452-0415 if you have any questions or wish to participate as a facilitator. Love offerings accepted.



Practitioners Night Monday, January 31 at 7:00 p.m.

Reiki Practitioners meet in the Fellowship Hall to improve their skills. Contact Sis Tyler for more information at 452-0415.

New Directory



Each year we update our Congregational Directory, as many phone numbers, addresses and emails have changed. Please update your information by calling the church office, sending an email to admin@unitywil.com, or signing up in the Fellowship Hall. A new Directory will be available in mid-February.

Don't miss a Sunday Lesson!

We offer audio and video presentations of Sunday's lessons on our website at Unitywil.com. If you are out of town or unable to make it to service on Sunday, you can still hear Richard's message. Thank you Brad Brown, for filming the lesson each Sunday! And thanks to Jeff May for uploading and maintaining our website. We couldn't do it without your dedicated support!

Fellowship Circles are Now Forming

Fellowship Circles are an opportunity for getting to know others in a small informal group. You can meet for breakfast, lunch or dinner, go bowling, visit a museum, go on a boat ride, etc. However, most people do enjoy having a pot luck meal at someone's home or going out to eat at a restaurant. This is a great way to meet new folks and visit with old friends too!

Here's how it works: Sign up will begin in January. Each person will have the opportunity to host once or twice in a year, depending on how many people sign up. Each group will have 10-12 people in it (eight is a good number to join together for a meal and often a few cannot attend due to various reasons). One person will be preselected as host. The host will select a date, time and activity for their chosen month. The host will contact each person in their group as soon as possible about the activity. People will respond back to the host in a timely manner so the host knows how many will attend. If you do not wish to host or if you do not want to participate on a monthly basis, you may sign up to be a substitute. The host is encouraged to call substitutes if others in their group cannot attend.

The Coordinator (Annette Cook) will randomly select the groups and hosts for each month. If there is a certain month you would like to act as host, you may indicate this on the sign up sheet. You may contact Annette at 763-5155 or admin@unitywil.com if you have any questions.



Mardi Gras Gala Planning Meeting

Thursday, January 20 at 3:00 pm

Our Mardi Gras Gala will be on Friday, March 4. We are creating a team to head up this event. If you would like to participate, please plan to attend this meeting or contact Annette in the church office at 763-5155 or admin@unitywil.com.

The Wednesday Night Oasis 7:00 p.m.

**Wednesday Night Oasis – Our Midweek Refuge
Every Wednesday at 7:00 p.m.**

Join us on Wednesday evening at 7:00 p.m. as we delve deeper into our Sunday topic, partake in a guided meditation and receive the Oneness Blessing. It's a great way to center oneself midweek and the benefits include experiencing more peace, love, and joy in our lives.

Remember, when we take time to stop, calm and rest in the Spirit, we do it not just for ourselves, but for the benefit of all beings!



'Soup' Sundays January 16 and February 20

'Souper' Sundays are a great way to fellowship while enjoying a delicious cup of soup. Please sign up if you will prepare a soup. Finger foods and desserts are also welcome, too!

Thanks to the soup makers for November!



Attention All Unity Young Adults!!!

(Our 18-35ish Joyful Spirits)

Come join us on our new Next Generation Unity (NGU) Facebook Group—Unity of Wilmington NGU. This is a virtual meeting place for our young adults. Feel free to join, post prayer requests, and discussion threads. Our group is designed to keep young adults connected to our community in a meaningful way through technology—even if you are away at college...LOL

If you are interested in assisting with chairing this group or if you have any questions, please contact Jennifer Brier (604-3324). See you on Facebook.

CUPCAKES NEEDED

Sundays

January 2 and February 6



The Hospitality Team is looking for folks to bake cupcakes for our monthly birthday celebration. You can make any flavor, with or without sugar, regular size or minis, box mix, scratch or even store bought! We appreciate your generosity and willingness to help us celebrate our congregants special day!

Thanks to those who brought in cupcakes in November!

A Course in Miracles Fridays and Sundays

A Course In Miracles teaches a thought system – a way of seeing and understanding—based on love and oneness with Spirit and with each other, as contrasted with the thought system the world teaches which is based on fear and separation. The Course shows how our human (or ego) minds resist these ideas because of our attachment to our separate bodies.

One group meets on Sundays 7:00-8:30 p.m. in the parlor. A second group meets on Fridays from 11:00–Noon in the Uniteen room in the Children's area. We read the text together and discuss the material. We welcome you to visit to see if this is for you. The book also includes a workbook section made up of daily lessons. For information, contact Penelope Morningstar at 791-7200 (Sunday group) and John Geiger 686-2091 (Friday group).

Drum Circle Saturday Mornings 10:00—11:30 a.m. at Unity

Bring your drum and join others and learn cool rhythms. A love offering will be accepted. For more information, contact Jess Watson at 328-2528.

GREEN ENERGY!

Monthly budget for Oct. & Nov..	\$42,626
Total Income Oct. & Nov.	\$38,700
Total Expenses Oct. & Nov. .	\$35,987
Profit/(Loss) for Oct. & Nov.	2,714
Total Year to Date	(-\$4,591)

ANNUAL MEMBERSHIP MEETING

Sunday, February 6

at Noon

Make plans to attend!

Men's Group

Tuesdays at 7:00 p.m.

All men of Unity are invited to participate in the men's gathering. Together we are exploring life as men in the 21st century. If you are a man who desires to know your wholeness and holiness more completely than ever before, make plans to join this gathering of men.

FRIDAY MORNING BOOK STUDY

10:00—11:45 a.m.

This Book Study Group meets every Friday in the Parlor where they discuss books with a spiritual genre. They are currently reading "Frequency" by Penney Peirce. Join us in the Parlor as often as you can. Questions? Call 799-8639.



Newsletter Deadline

for March/April issue

Friday, February 18

Please submit your newsletter articles for publication.

News From the Prayer Team

Prayer continues to be a vital part of Unity of Wilmington! The Prayer Ministry is currently going through a “transformation” as several long time members of the team leave to serve in other ways. The Prayer Team will have a meeting on January 16, 2011 following the 11:00 service to discuss this transformation, direction for 2011 and to renew commitment from those remaining on the team. This will be a Soup Sunday, so you can enjoy a cup before the meeting which will be led by Richard and Maureen!

What do Prayer Ministers do? How can you serve on the team? Prayer ministers may choose to serve as much as they desire! There are no requirements other than a willingness to serve in whatever way works best for you! Here are a few of the activities that may interest you!

- Sunday mornings – Provide 1:1 prayer after each Sunday morning service, 9:00 and/or 11:00, on a rotating schedule.
- All Prayer Ministers attending services on Sunday morning are encouraged to stand to the sides of the sanctuary during the meditation and “hold the space” by raising their hands”.
- All team members are encouraged to hold the names and requests in the Prayer Box in prayer during the week at their regular prayer time and to attend the monthly Prayer Circle (1st Weds. of every month) when we have a short meeting and then pray over the names in our Prayer Box.
- Remove prayer requests from the box that have been there for 30 days and give to Annette to be forwarded to Silent Unity
- Coordinate the monthly prayer rotation schedule. Done via e-mail.
- Keep the Prayer Team list current and provide list to new and current members.
- Respond to Prayer requests sent via e-mail and distribute to the team
- Provide affirmations for all after Sunday service
- Provide speakers and/or workshops on prayer through the year Plan other prayer related events

If you want to continue to have all of these services and more, please consider volunteering to serve on the Prayer Team! We need you! If you would like to join this exciting ministry, please come to the meeting on January 16, or let the church office know you’d like to serve! The Prayer Ministry looks forward to an exciting year ahead as this ministry unfolds to its greatest potential!

I have been blessed to serve on the Prayer Ministry Team for the past 5 years, but feel that I can best serve Unity of Wilmington in other ways.

Love and blessings,
Gail O'Brien



From The Board

Happy New Year! According to unity.org, 2011 is The Year of Abundant Living!

Live Your Dreams, Get Healthy, Embrace Forgiveness, Let Go and Let GOD!

What a great way to start the New Year! Here's to new beginnings, new adventures, many blessings and abundant living for all at Unity of Wilmington in 2011!

We've had a wonderful and beautiful holiday season at Unity starting off with our hugely successful Auction! Now that should really get us into the feeling of abundance!

What's new on the horizon for Unity's Board? First up in February is the election of two new Board members at our Annual Meeting on February 6 at Noon. The nominees are:

Jennifer Brier – current Board member, running for re-election; Gloria Wright and Tom McClellan.

We would like to thank Bea Haik for her faithful service to the Board during the past six years, the last two as Board President! We love, we bless you and we REALLY appreciate you!

We are abundantly blessed!

Gail O'Brien,
Board Vice President

Children's Corner

The Children's Christmas Celebration was a great night filled with lots of fun and new memories. There were 15 kids in attendance and we had lots of help setting up and cleaning up the Church afterwards. Great big THANK YOU's go out to Gena McKinley, Yvonne Pardo, Sarah Westerling, Cindy Yates, Kaete Heald, and Liz Freeman, for giving your time and talent and for making this Ministry so special. We played all over the Church, we made snowmen with shaving cream, listened to a story from the Spirit of Christmas, ate pizza and talked, made crafts and gifts and finished off with hot chocolate. Thanks to all of you who came and participated, we will be sure to let you know about our next Youth Ed event, The Easter Celebration 2011!!!

If you are interested in becoming involved in Youth Education, please contact Christy Stegman at christystegman@yahoo.com or 352-8639.

Love and Light,

Christy



Unity Worldwide Ministries
A Year of Abundant Living

Affirmation for January: Live your dreams.

"We choose with our focus. We face a universe of unlimited possibilities, and we choose which one comes 'real' for us by focusing on that possibility."

Ellen Debenport, The Five Principles

"You will decide on a matter, and it will be established for you, and light will shine on your ways." Job 22:28

Affirmation for February: Above all, love.

"Love will bring your own to you, adjust all misunderstandings, and make your life and affairs healthy, happy, harmonious and free, as they should be."

Paul Hasselbeck, Heart-Centered Metaphysics

"Above all, clothe yourselves with love, which finds everything together in perfect harmony." Colossians 3:14



**Yoga Classes at Unity
 New Times**

Two Kunga Yoga Classes will be offered at Unity. Kunga means to serve, help, reconcile. Yoga mean to unite. These classes are about coming back to our center, brining stillness and awareness back into our life and uniting all while getting into the poses and breathing. It is based on Hatha Yoga and will be an all level class.

Two one-hour classes will be offered on a love offering basis:

Tuesdays: 6:00—7:00 p.m.—Fellowship Hall
 Saturdays: 5:00—6:00 p.m.—Parlor

Please contact the instructor, Sage at 540-539-4066 for more information.



**The Diameter of Time
 The Star Clock in the Great Pyramid
 Sunday, January 16, 1:00-2:30 p.m.**

A time-reckoning device -- a Star Clock -- of advanced design has been found incorporated into the design of the Great Pyramid of Giza. The Clock spans 26,000 years -- Earth's Polar Axis Precession Cycle -- and emphasizes the time we are living in now. The presentation reports new research explaining not only the Star Clock in the Pyramid, but its implication for our present time. A question and answer period will follow this presentation by Mike R. Jordan. A suggested donation of \$10 is requested, to be shared with Unity.



Improv
**Thursday, January 27
 7:00 p.m.**

Do you like to have fun and laugh? If you can simply engage in conversation, you can make other people laugh and have the time of your life doing it! Join us for Improv. No experience necessary and there's really nothing to learn. We meet monthly and choose formats and themes randomly. This opportunity is open to everyone. If you have any questions, please contact Annette at 763-5155 or admin@unitywil.com.

**Upcoming Events
 Mark your calendars!**

**Mardi Gras Gala
 Friday, March 4**

**Annual Variety Show
 Friday, March 25**

Spiritual Australian Didgeridoo Workshop

with
Phil Jones



When: **Sunday, February 20**
Where: **1:00—3:30 p.m.**
Suggested Love Offering: \$20
Cost: **Join us for Soup Sunday prior**
Contact: **to the workshop.**

This interactive workshop explores the use of breath and sound frequencies to connect to the Divine within and to create a deeply serene state of consciousness for the enhancement of healing, meditation, prayer and creativity.

The didgeridoo is an ancient mesmerizing drone instrument traditionally made from the branch of a eucalyptus tree and played during corroborees (ceremonial meetings) by the Aboriginal clans of Australia.

Playing the didgeridoo creates soothing and resonant harmonics that easily erase the ‘monkey chatter’ in the mind ~ enhancing mental clarity and emotional equilibrium.

The primordial vibrations of the didgeridoo, combined with the breathing techniques, help create a state of relaxation, lower blood pressure, relax the heart, improve digestion, and - as recently proven by the British Medical Association - significantly reduces the symptoms of sleep apnea.

** No prior musical experience is necessary **

Sound meditation instruments and CDs will be available for purchase after the workshop.

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Phil (Shiva) Jones, an engaging public speaker and inspiring performing artist, was the lead singer and songwriter for the renowned 1970's English east-west spiritual rock band *Quintessence* (Island Records). During the late 1960's, Phil studied for 7 years with an enlightened Hindu teacher whose spiritual focus embraced the fundamental truths of all religions. This spiritually formative period inspired Phil to merge various spiritual mantras, sounds, and themes into his creative musical expression during the last 40 years. Phil is also an interfaith minister and currently lectures and performs at churches and spiritual fellowships, wellness centers, yoga studios, and universities throughout the USA and abroad.

Community and Worldwide Service

Mission: To bond together in love to engage in meaningful service to ourselves, our local community and the world.

Project Recap

Thirteen people from Unity volunteered at UNCW to package up meals for the 'Stop Hunger Now' Project. There were three 2-hour shifts and we packaged over 100,000 meals. We also donated \$400 to this project through our 'Pennies for Hope' project in the summer. We also raised another \$700 for this project from our Holiday Cheer Community Auction in December.

Stop Hunger Now is an international hunger relief organization that coordinates the distribution of food and other life-saving aid around the world. The organization is driven by a vision to end world hunger in our lifetime and a mission to provide food and life-saving aid to the world's most destitute and hungry in the most sustainable, efficient and effective manner.

India Orphanage—we had a quick project where we collected stickers to send to the girls at the orphanage. We collected many, many stickers and we know they will be enjoyed by all the girls. We hope to send 60 filled pencil boxes next year.

New Projects—we would like to participate in more 'hands on' projects next year, i.e., Wilmington Area Rebuilding Ministry, Work on Wilmington, etc. If you know of any 'hands on' project that Unity can participate in, please contact the office at 763-5155 or admin@unitywil.com.



We Can Use Your Support

There are so many ways in which you can support your spiritual home. You can fill out a *Volunteer Opportunities Booklet* located in the Fellowship Hall or on our website and let us know where you wish to assist. You can hold this ministry and our congregants in prayer for their highest good. You can extend a warm welcome to a new visitor or to someone whom you don't know very well. You can invite a family member or a friend to join you on a Sunday. One of our biggest needs is in the Sound Booth, especially for special services. It's not too hard to learn and Jeff May will be happy to train you until you feel comfortable. Or you can just shadow the sound tech until you feel at ease. Some of the special events are just showing a movie, and that is easy to do. And of course, your financial support is so important! In all these ways you support our community. Thank you!

Unity's Women's Group

No Dinner Out in January

On the second Tuesday of the month, Unity's Women's Group will have a dinner out at a restaurant. The selection for February has not yet been determined. All women are welcome to attend, but please RSVP to Elaine Bitto by noon on Monday before the dinner everyone can sit together.

Pot Luck Dinner/Game Night—

Jan. 21 at 6:30 p.m.,

All women and their spouses, partners or friends are invited to bring a dish to share and a favorite game. We will have a relaxing night of good food and enjoyment. A love offering will be collected for use of the space. Sign up in the entryway or email admin@unitywil.com so we know how many to prepare for. Thanks!



Line Dancing Begins in February

Melinda McKeon and Evelyn Bradley will begin teaching line dancing in February. Details will follow online and in the weekly bulletin and emails...

We have a lot of interest in arts and crafts, games, and, well, food. If you would be willing to coordinate any one of these groups (or a group not listed) on a regular or even one-time basis, please contact Elaine Bitto at 200-5093.

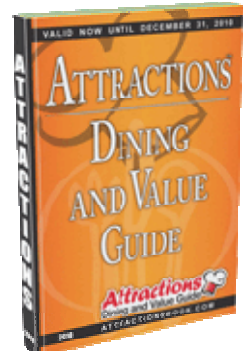
Planned Giving

Giving is a way to express our greatest blessings, as well as our values. It demonstrates the principle of flow in our lives because we know that as we give, we also receive. There are many ways you can share God's abundance with your church. There are a variety of ways to make a planned gift: a bequest in your will, giving cash, specific property, or a share of the remainder; a gift of real estate; a beneficiary of a life insurance policy or a charitable gift annuity.

Planned gifts may have positive financial impact on your estate! Ask your professional financial advisors about the methods of giving most advantageous for you.

ATTRACTION 'COUPON' BOOKS

The 2011 Attraction book is one of the best deals in town. There are many buy one get one free lunches and dinners for many local restaurants as well as discounts on activities such as golf, bowling, etc. and local retailers: Best Buy, CVS, Dicks, Ace Hardware, and much, much more! You can purchase them on Sunday mornings or stop by the office during the day beginning in early August. The books cost \$25 and Unity receives \$10 for each.



Sunday Worship Teams

	Jan. 2 and Feb. 6	Jan. 9 and Feb. 13	Jan. 16 and Feb. 20	Jan. 23 and Feb. 27	Jan. 30
Usher/Greeters 9:00	Jennifer Beddoe, Lead Theo Haenn	Theo Haenn Mickie Ricozzi Rick Ricozzi	Champion King, Lead Evelyn Bradley Bill Braman Nancy Braman	Jennifer Allen, Lead Ed Marecek Jody Marecek Dotti O'Flaherty	Louise Miller, Lead Beverly Perry Cynthia Lacewell
Sound Tech 9:00	Jim Downer	Jeff May	Paula Zabkar	Elanor Rimassa	Jeff May
Powerpoint 9:00	Stanley Newton George Dolan	Jon Scarborough Dianna Bridi	Renee Wells	George Dolan	Jon Scarborough
Nursery Worker 9:00	Rebecca Winebar	Rebecca Winebar	Rebecca Winebar	Rebecca Winebar	Rebecca Winebar
Hospitality Set Up 9:00	Lori George	Beverly Perry Stephanie Ellis	Bill & Nancy Braman	Evelyn Bradley	
Usher/Greeters 11:00	Sis Tyler, Lead Raydell Bailey Elaine Bitto Jim Bitto Mary Golob	Gloria Wright, Lead Evelyn Bradley Laura LaBadie Donna May Laaurie Mastrangelo-Simmons	CJ Spear, Lead Ed Corbin Jeanne Corbin Joan Lopez Richard Rooks	Lainie Mauge, Lead Gail O'Brien Zahara Oshnchild Judy Wright-Calloway Cindy Yates	
Sound Tech 11:00	Jim Downer	John DeVeaux	Paula Zabkar	Elanor Rimassa	Jeff May
Powerpoint 11:00	Dianna Bridi Caludette Cohen	Claudette Cohen Matt Westerling	Renee Wells	Matt Westerling Jon Scarborough	Stanley Newton
Tellers	Bea Haik Lainie Mauger	Sherron Herdtner Gail O'Brien	Judy Calloway Champion King	Emily Cox Terri Downs	
Sunday School 3-4 year olds	Phyllis Millette Cindy Yates	Phyllis Millette Cindy Yates	John Caprell Gena McKinley	John Caprell Gena McKinley	
Sunday School 5, 6, and 7 year olds	Volunteers needed	Volunteers needed	Bill and Yvonne Pardo	Alan and Kaete Held Holly Kennedy	
Sunday School 8, 9 and 10 year olds	Liz Freeman Dee Seidle	Liz Freeman Dee Seidle	Liz Freeman Dee Seidle Sarah Macey	Liz Freeman Dee Seidle Sarah Macey	
Uniteen Sponsors	Connie Cox Eryn DeFoort	Connie Cox Eryn DeFoort	Connie Cox Eryn DeFoort	Connie Cox Eryn DeFoort	Connie Cox Eryn DeFoort
Y.O.U Sponsor	Connie Cox	Connie Cox	Connie Cox	Connie Cox	Connie Cox
Hospitality Clean Up					

A light breakfast will be provided for those who are working at both services.

Wednesday Worship Teams

	Jan. 5 and Feb. 2	Jan. 12 and Feb. 9	Jan. 19 and Feb. 16	Jan. 26 and Feb. 23
Usher/Greeters 7:00	Sidney Nykanen	Christine Lyons	Nancy Braman	Nancy Klase
Sound Tech 7:00	Jim Downer		Jim Downer	

January 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Drum Circle 10:00 am Yoga 5:00 pm
2— <i>Birthday Sun. Sunday Service</i> 9:00 & 11:00 am <i>White Stone Ceremony</i> Youth Ed. 11:00 am <i>Peas and Greens Luncheon</i> Noon ACIM 7:00 pm	3 <i>Healing Night</i> 7:00 p.m.	4 Yoga 6:00 pm Music Rehearsals 3:15 pm Men's Group 7:00 pm	5 <i>Oasis</i> 7:00 pm	6 N.A. 5:30 pm	7 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon	8 Meals on Wheels 9:00 am Drum Circle 10:00 -11:30 am Yoga 5:00 pm
9 Sunday Service 9:00 & 11:00 am <i>Karl Anthony</i> Youth Ed. 11:00 am ACIM 7:00 pm	10 <i>Heart Centered Metaphysics Class</i> 7:00 pm	11 Yoga 6:00 pm Music Rehearsals 3:15 pm Men's Group 7:00 pm	12 <i>Mantra with Karl Anthony</i> 7:00 pm	13 N.A. 5:30 pm	14 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon	15 Drum Circle 10:00 am Yoga 5:00 pm
16 Sunday Service 9:00 & 11:00 am Youth Ed. 11:00 am <i>Soup Sunday</i> Noon <i>Diameter of Time Presentation</i> 1-2:30 pm ACIM 7:00 pm	17 <i>Heart Centered Metaphysics Class</i> 7:00 pm	18 Yoga 6:00 pm Music Rehearsals 3:15 pm Men's Group 7:00 pm	19 <i>Oasis</i> 7:00 pm	20 <i>Mardi Gras Planning Meeting</i> 3:00 pm Power Club 5:30 pm N.A. 5:30 pm <i>Quantum Energetics</i> 6:30 pm	21 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon <i>Pot Luck Dinner/ Game Night</i> 6:30 pm	22 Drum Circle 10:00 am Yoga 5:00 pm
23 Sunday Service 9:00 & 11:00 am <i>Benny Hill Band?</i> Youth Ed. 11:00 am ACIM 7:00 pm	24 <i>Heart Centered Metaphysics Class</i> 7:00 pm	25 Yoga 6:00 pm Music Rehearsals 3:15 pm Men's Group 7:00 pm	26 <i>Oasis</i> 7:00 pm	27 N.A. 5:30 pm <i>Improv</i> 7:00 pm	28 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon <i>Integrated Health Arts Connection</i> <i>Healing Night</i> 7:00 pm	29 <i>Integrated Health Arts Connection</i> 9 am—5pm Yoga 5:00 pm
30 Sunday Service 9:00 & 11:00 am Youth Ed. 11:00 am <i>Valentina Workshop</i> 2-5:00 pm ACIM 7:00 pm	31 <i>Heart Centered Metaphysics Class</i> 7:00 pm Reiki Practitioners 7:00 pm					

February 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Music Rehearsal 3:15 pm Yoga 6:00 pm Men's Group 7:00 pm	2 Oasis 7:00 pm	3 N.A. 5:30 pm	4 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon	5 Drum Circle 10:00 am Yoga 5:00 pm
6 Sunday Services 9:00 & 11:00 am <i>BirthDay Cupcakes</i> Youth Ed. 11:00 am <i>Annual Meeting Noon</i> ACIM 7:00 pm	7 <i>Healing Night</i> 7:00 pm <i>Heart Centered Metaphysics Class</i> 7:00pm	8 Music Rehearsal 3:15 pm Yoga 6:00 pm Women's Dinner Out 6:00 pm Men's Group 7:00 pm	9 Oasis 7:00 pm	10 N.A. 5:30 pm	11 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon Oneness Blessing Informational Meeting 7-9:99 pm	12 Oneness Blessing Course 9-4 pm Meals on Wheels 9:00 am Drum Circle 10:00 am Yoga 5:00 pm
13 Sunday Services 9:00 & 11:00 am Youth Ed. 11:00 am Oneness Blessing Course 2-5:00 pm ACIM 7:00 pm	14	15 Music Rehearsal 3:15 pm Yoga 6:00 pm Men's Group 7:00 pm	16 Oasis 7:00 pm	17 N.A. 5:30 pm Power Club 5:30 pm	18 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon Newsletter Deadline	19 Drum Circle 10:00 am Yoga 5:00 pm
20 Sunday Services <i>Phil Jones</i> 9:00 & 11:00 am Youth Ed. 11:00 am <i>Soup' Sunday Noon</i> <i>Phil Jones Workshop</i> 1-3:30 pm ACIM 7:00 pm	21	22 Music Rehearsal 3:15 pm Yoga 6:00 pm Men's Group 7:00 pm	23 Oasis 7:00 pm	24 N.A. 5:30 pm	25 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon	26 Drum Circle 10:00 am Yoga 5:00 pm
27 Sunday Services 9:00 & 11:00 am Youth Ed. 11:00 am ACIM 7:00 pm	28 Reiki Practitioners 7:00 pm					

Office (910) 763-5155
 E-mail: admin@unitywil.com
 Website: unitywil.com
 Office Hours:
 Tuesday–Friday
 9:00 a.m.–4:00 p.m.

Minister
 Rev. Richard Levy

Director of Youth Ministry
 Christy Stegman

IT and Sound
 Jeff May

Licensed Unity Teacher
 Paula Zabkar

**Minister of Music and
 Worship Arts**
 Eileen Argenbright

Music Team
 Aaron Annis, Jim Downer, Will
 Grady, Benny Hill, Mike Jordon,
 Lisa Keating, Philip Pennington,
 Eleanor Rimassa, Elaine Sigmon

Newsletter
 Annette Cook

Office Angels
 Jennifer Allen, Scottie Maddox,
 Ed Marecek

Office Administrator
 Annette Cook

Sexton
 Gordon McLaughlin

Uniteens Sponsor Needed
 Connie Cox (Temp.) and
 Eryn DeFoort

Youth of Unity Sponsor
 Connie Cox

Sunday Morning

Worship Services—9:00 and 11:00 a.m.
 Nursery—9:00 and 11:00 a.m.
 Children’s Ministry Program —11:00 a.m.
 Uniteen Program—11:00 a.m.
 Youth of Unity Program—11:00 a.m.



Missed the Sunday Service?

Would you like a copy of the Sunday service?
 Digital recordings of our services are available
 on CD for \$5 per copy. Place your order with
 one of our wonderful sound operators at the
 booth at the back of the Sanctuary or contact
 the church office to place your order. Orders
 will be ready for you to pick up the following
 Sunday.



Birthdays for January

- | | |
|----|------------------------------------|
| 3 | Tom MacLennan |
| 5 | Bill Pardo |
| 10 | Maureen Levy |
| 15 | Robert Boyce |
| 19 | Letitia Dolan |
| 23 | John Jensen, Star Sosa |
| 24 | Eloise Eller |
| 26 | Mary Golob |
| 28 | Nancy Jean Gonzalez,
Bud Dealey |
| 29 | Danette Brown, Mary Lou
Miller |
| 31 | Jeannie Jensen |

Birthdays for February

- | | |
|----|----------------------|
| 6 | Penelope Morningstar |
| 9 | Christy Stegman |
| 10 | Betty McKenzie |
| 12 | Reva Grantham |
| 13 | Jvon Davis |
| 14 | Carolyn Jarrell |
| 18 | Kaete Held |
| 21 | Beth Ventre |
| 26 | Jolie Pardo |



Church Board Members

Jim Bitto
 Jennifer Brier
 Bea Haik
 Nancy Klase
 Lainie Mauger
 Gail O’Brien



Refreshments for January and February

If your last name begins with the letter A-I,
 we are asking you to bring in after service
 refreshments during the month of January.
 Last names beginning in J-R, you get the
 month of February. You can bring fruit,
 cheese and crackers, raw veggies, cookies,
 or whatever **finger foods** you would like to
 bring. (Finger foods are a greener option so
 we do not have to use forks and plates—
 which save water, paper, and clean up time
 too!) Many thanks!



Ink Jet Cartridge Recycling

Unity is collecting used ink cartridges of all
 kinds to recycle. A box is located in the lobby
 for these cartridges. We have raised \$286
 while being good stewards! Thanks to Liz
 Freeman for delivering these cartridges to
 the store for us.

Regularly Scheduled Classes

A Course in Miracles
 Every Sunday at 7:00 p.m.
 Every Friday at 11:00 a.m.

Yoga
 Every Tuesday at 6:00 p.m.
 Every Saturday at 5:00 p.m.

Music Rehearsal
 Every Tuesday at 6:30 p.m.

Men’s Group
 Tuesdays at 7:00 p.m.

Wednesday Night Oasis
 7:00 p.m.

Friday Book Group
 10:00 a.m.





NON-PROFIT
ORGANIZATION
US POSTAGE
PAID
WILMINGTON, NC
PERMIT NO. 263

717 Orchard Avenue
Wilmington, NC 28403

Rev. Richard Levy
Rev. René N. Paré,
Minister Emeritus

Return Service Requested

We're Here for You!

You are a very important part of our world and we want you to know the various ways we can reach out to you. Information about Unity Christ Church of Wilmington is available at our web site at unitywil.com. By clicking on various buttons you have access to:

Sunday Services - Each week a recording and video of the Sunday lesson is available (usually by Monday evening). Most of the lessons from 2010 are listed on our website.

Newsletter—The current newsletter is available, as well as archives of the previous two or more years. You can print out a hard copy in the comfort of your home.

Contact Us—You may contact us at admin@unitywil.com or call us at 763-5155.

Prayer—Please let us know if you are in need of prayer support by filling out a Prayer Request form located in the entryway and in the Sanctuary on the table by the piano. You can send an email which will be forwarded to the Prayer Ministry Team. You can also contact Silent Unity at 1-800-NOW-PRAY (1-800-669-7729).

Email Updates—Each week an email is sent out listing the events and classes for the current week. If you would like to receive these weekly emails, just send your request to admin@unitywil.com.