



Tune In, Turn On, Tap Into The Loving Presence of the Divine

Summertime Mindfulness

Weekly Scheduled Classes are Listed
on Inside of Back Cover

Birthday Sunday—Cupcakes Needed
July 3 at 9:00 and 11:00 am

Overview of Christian Scriptures
Tuesdays, June 14-July 12, 7:00 pm

Café Lundi with Greg Tamblyn
Monday, July 11
Dinner at 6:30; Show at 7:15 pm

Guest Musician Karl Anthony
Sunday 17, 9:00 and 11 am

Salad Sunday
Sunday, July 17 at Noon

Mantra with Karl Anthony
Wednesday, July 20, 7:00 pm

Channelling Kryon Events
Saturday, July 23, Noon—5:30 pm
Sunday, July 24, 2:00-7:30 pm

Guest Musician Charley Thweatt
Sunday, August 7, 9 and 11 am

Birthday Sunday
August 7, 9 and 11 am

Salad Sunday
August 7, Noon

Charley Thweatt Workshop
August 7, 1-3:00 pm

Café Lundi with Charley Thweatt
Monday, August 8
Dinner 6:30 pm, Show 7:15 pm

Newsletter Deadline
Friday, August 19

Ice Cream Social
Sunday, August 21 at Noon

Meditation Retreat
Saturday, August 27, 9-4 pm

It's summertime and the living should be easy.

During these warm, vibrant months we usually change our outer environment with visits to places other than our home. For several days the new environment preoccupies us with a break from our usual way of being, but all too quickly our inner mind environment returns and the same things that keep us from enjoying life back at home show up to cloud our days while away. Unfortunately, we still take all of our constant thoughts and same old feelings with us wherever we go.

This is when we can engage our mindfulness practices! The Buddha taught three simple techniques for bringing our awareness to the present moment. He taught sit, walk, and eat. While on vacation we can decide to bring our mind's attention to what we are doing in each moment. Before you **jump out of bed**, take time to sit up and be present. Follow your breath for a few moments as it flows in and out. Affirm to yourself, "Breathing in I know that I am alive, breathing out I smile."... During your morning exercise time that might include a fast walk or a run, decide to take five minutes at the end of your workout to walk mindfully. **Slow down** and feel the earth beneath your feet. Bring your attention to each step that you take. As you slow your outer pace, notice how your inner space expands. Take a look around you. Breathe in and out all the sights and sounds that nature provides... Decide **not to jump in the shower**, but slowly and mindfully enter the sacred bathing place. As you turn the water on, affirm to yourself what a miracle it is to have clean hot and cold running water and as it pours over your body feel its presence washing away all stress and strain. Feel the Holy Spirit anointing you and renewing your body with Divine Grace... When you sit to eat your breakfast decide **to taste** the food by chewing it slowly and mindfully. Allow the presence of mindfulness to share the meal with you.

These simple practices don't take a lot of time. They can be integrated easily into the things you do everyday. Why not give these techniques a try? Don't just change the outer environment this summer but work with your inner environment as well.

It's summertime and the living is easy when we sit, walk and eat with mindfulness.

Enjoy,
Richard & Maureen

P.S. *Join Richard and Maureen on Saturday, August 27th, for a full day of mindfulness meditation practice.*





**Café
Lundi
Presents
GREG
TAMBLYN**

**COMEDY
CONCERT**

Get a Healthy Dose of Conscious Comic Relief!

Take a musical joyride into the Profound and the Absurd, the Personal and the Universal, the Psychological and the Spiritual, the Sacred and the Silly

Featuring: Analog Brain in a Digital World
Self-Employment Made harder by Difficult Boss
The Top Ten Whiny Victim Love Songs and more...

Enjoy an evening of hilarious, heartfelt musical musing and mindful mischief. Greg's songs and stories impart empowering life messages and spiritual insights through the right-brain doorway of music and laughter. It's "ha-Ha" with an "Aha!"

We'll experience how finding the humor in challenges reduces them to manageable proportions. We'll feel the high-endorphin effects of laughter on our physical, mental, and emotional states. We'll explore the power of group participation in elevating our collective wellness.

**Monday, July 11
Dinner at 6:30 p.m.
Show at 7:15 p.m.**

Dinner Catered by Giorgio's Italian Restaurant

Dinner Menu will include: Chicken Parmesan, Penne Marinara, Salad, Dessert and Beverage

Tickets:

Dinner and Show: \$15.00 each

Show Only—\$7

Children under 7: \$5

Dinner tickets must be reserved by Friday, July 8!

Garden Work Day Saturday, July 16, 8-11:00 a.m.

Mission Statement: To express love by growing and nurturing a garden where we can experience God in nature.

Bring your rakes, gloves, pruning shears and join us for a morning work day in the garden. The garden is in need of some TLC which includes weeding, light pruning, fertilizing, cleaning of statuary, etc. With your assistance we can do much to beautify our grounds. Please join us even if you can only work for an hour. We will provide breakfast sandwiches, coffee and juice for the workers

We are thankful for all the work that has been accomplished by George Dick. He has been mulching the garden, raking up the pine straw, power washing the church building and sidewalk, pruning and much more. Deanna Tombini has helped with the raking and Jody Marecek has been watering the flowers. Contact George at 910-368-9095 if you are willing to lend a hand.

We also thank Merrill Teachey for his help with major

pruning of
overgrown
bushes and
trees.



CUPCAKES NEEDED

**Sundays, July 3
and August 7**



The Hospitality Team is looking for folks to bake cupcakes for our monthly birthday celebration. You can make any flavor, with or without sugar, regular size or minis, box mix, scratch or even store bought! We appreciate your generosity and willingness to help us celebrate our congregants special day!

Don't miss a Sunday Lesson!

We offer audio and video presentations of Sunday's lessons on our website at Unitywil.com or you can order a CD for \$5. If you are out of town or unable to make it to service on Sunday, you can still hear Richard's message. Thanks to Jeff May for uploading and maintaining our website and to Brad Brown for videotaping the services. We couldn't do it without your dedicated support!

A Day of Mindfulness Meditation Saturday August 27th 9AM-4PM

***God Is
I Am
Choosing Thoughts
Aware of Feelings
Perception Changes***

Meditation is one of Unity's Six Noble Truths, a way to enter the Silence so we may connect with the Divine in a profound way. There are also many other benefits from a daily practice. A meditation practice can bring awareness and stability to one's thoughts and emotions, bringing us more joy and happiness and allowing us to make wise choices—which thoughts and feelings to act upon, which ones to let go. From this place life is experienced from a more loving, kinder perspective.

Richard and Maureen, who have practiced Vipassana, (Insight Meditation) for over ten years, will share some simple concepts about the practice, but more importantly will lead the practice of mindfulness through formal sitting, walking and eating sessions throughout the day. The schedule will include many 20-25 minute sessions of sitting meditation followed by walking meditation. It is a perfect class for beginners as well as advanced students who would like to dedicate a day to mindfulness.

The cost is \$25 for the day, but no one is turned away for lack of funds. Please bring a bag lunch.

This blessed time together will be of deep benefit not just for yourself, but for the benefit of all beings.

** Please wear comfortable clothing and bring a water bottle, a bag lunch, a shawl or blanket, and if you have one, your meditation cushion.*



Original Artwork Raffle Drawing, Sunday, July 31

During the January 30th worship service, Sis Tyler created a beautiful 21"x 24" multimedia painting. This interpretive painting was a part of the Integrative Health Arts Connection weekend. Sis has donated this picture to Unity for us to raffle off. Tickets are available for \$3 each or two for \$5. Tickets can be purchased after worship services and during other events.

Sis has awakened to her intuitive artist within and has been exhibiting her artwork at a local gallery. We are appreciative of her donation!



Two Events with Kryon Channeling on Both Days Saturday, July 23, Noon—5:30 p.m.

Join Lee Carroll for an intensive five hour lecture and live channeling! Author of 15 books Lee's 22-year experience in channeling KRYON has brought international recognition to his work. Having presented seven times at the United Nations in NY, as well as in many countries overseas, Lee attracts audiences in the thousands.

Sunday, July 24, 2:00—7:30 p.m. Practice Quantum

Join Lee Carroll and Dr. Amber Wolf for a special interactive workshop filled with new practical thinking around spiritual communication. Are we so biased in 3D that we are missing the "signals" from Spirit? Fun, breakout groups, new information, and KRYON channeling!

Dr. Amber Wolf is a Kryon Discovery Series facilitator, an internationally known teacher, author, healer and recording artist. A PhD in Holistic Science and Alternative Therapies, she has dedicated her life to holistic health care and spiritual living. Dr. Wolf brings her warmth and intuitive wisdom to heal and transform the many lives she touches through seminars and individual sessions.

Cost is \$95 for one day, \$160 for both days. Register at www.kryon.com/register-wilmington or call 970-389-4200.

The Wednesday Night Oasis 7:00 p.m.

Wednesday Night Oasis – Our Midweek Refuge
Every Wednesday at 7:00 p.m.

Join us on Wednesday evening at 7:00 p.m. as we delve deeper into our Sunday topic, partake in a guided meditation and receive the Oneness Blessing. It's a great way to center oneself midweek and the benefits include experiencing more peace, love, and joy in our lives.

Remember, when we take time to stop, calm and rest in the Spirit, we do it not just for ourselves, but for the benefit of all beings!

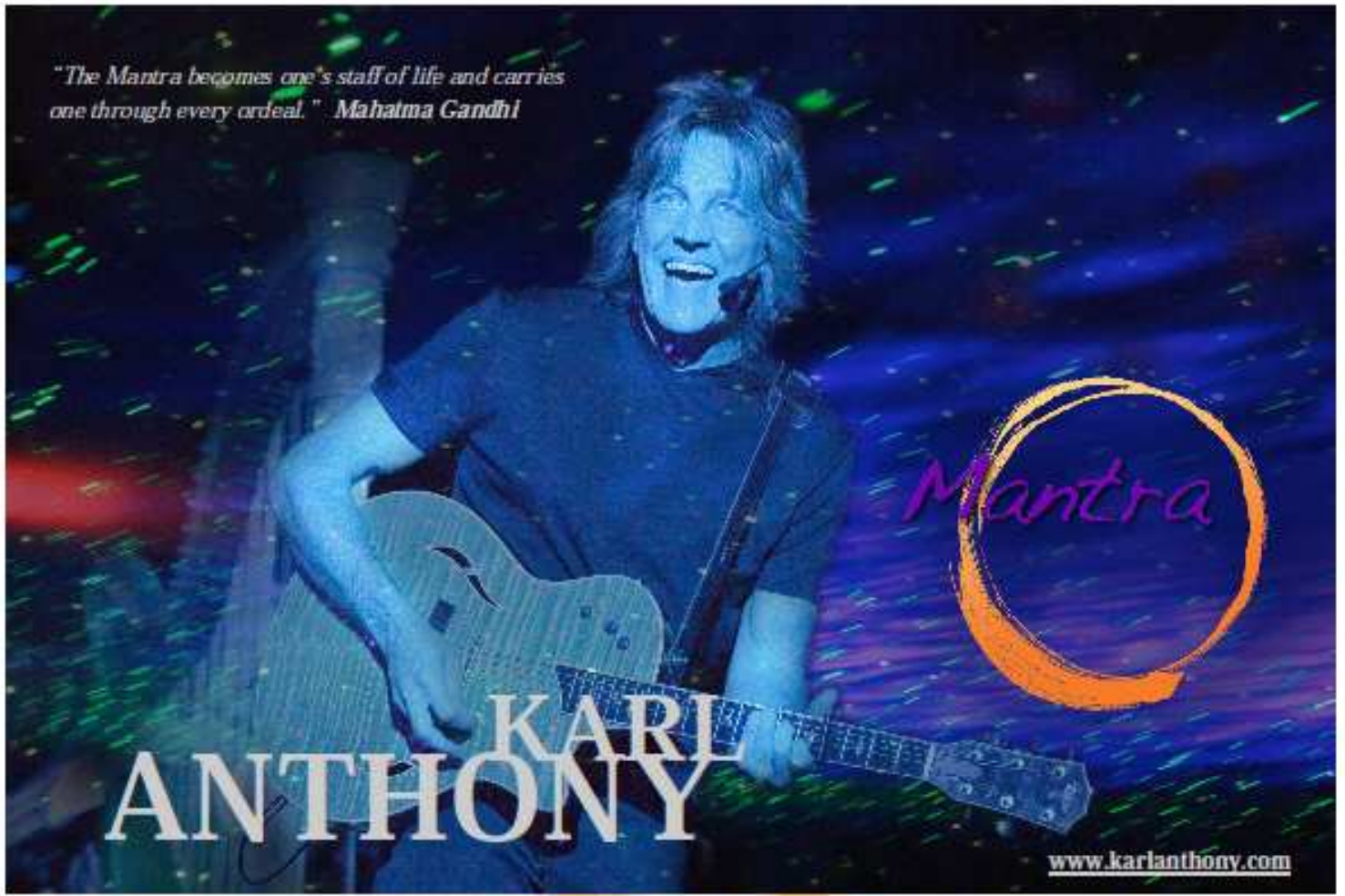


'Salad' Sundays July 17 and August 7

We will be changing over to 'Salad' Sundays for July and August. We want salads that can easily fit into a cup such as fruit salad, macaroni salad, cucumber salad, etc. **not a tossed salad please!** A sign up sheet is located in the entryway for those willing to prepare salads. Everyone is welcome to stay after worship and join us for good food and fellowship. Suggested donation is \$2 which goes towards paying off our mortgage principle.



"The Mantra becomes one's staff of life and carries one through every ordeal." Mahatma Gandhi



**KARL
ANTHONY**

www.karlanthony.com

Brilliant Laser Lights with Karl Anthony's Vibrant Acoustic Kirtan Music

Music and Light are powerful healers and whether you choose to chant or just relax in the vibration, you will be well nourished deep within your being. Explore the beauty of being *Showered In Light*.

Mantra

**Wednesday, July 20
7:00 p.m.**

Rev. Richard and Maureen Levy
will close the evening with the Oneness Blessing

Stop, Calm and Rest for yourself and for the benefit of all beings.

All Are Welcome! Love Offering (\$15 to \$25 suggested)

A Beautiful Combination of Wisdom, Song & Insight

Chants Encounter

*Remembering
the music of
your heart*

*Leap, Look & Listen -
How To Take Your Power Back*
WORKSHOP
Sunday, August 7th
1:00 - 3:00 p.m.
\$20 Suggested Love Offering

Café Lundi
DINNER & CONCERT
Monday, August 8th
6:30 p.m.
Love Offering

Unity of Wilmington
717 Orchard Ave.
Wilmington, NC 28403
910-763-5155 unitywil.com

Charley Thweatt



23 YEARS TOURING 5 CONTINENTS 12 CDS MUSICANGEL.COM 800.549.9986

Café Lundi
Monday, August 8
Dinner at 6:30 p.m.
Show at 7:15 p.m.

Dinner Catered by (to be determined)

Tickets: \$15.00 each
Children under 7: \$5
Show Only - \$7

Dinner tickets must be reserved by Friday, August 6th!

Attention All Unity Young Adults!!! (Our 18-35ish Joyful Spirits)

Come join us on our new Next Generation Unity (NGU) Facebook Group—Unity of Wilmington NGU. This is a virtual meeting place for our young adults. Feel free to join, post prayer requests, and discussion threads. Our group is designed to keep young adults connected to our community in a meaningful way through technology—even if you are away at college...LOL

If you are interested in assisting with chairing this group or if you have any questions, please contact Jennifer Brier (604-3324). See you on Facebook.

Men's Group Tuesdays at 7:00 p.m.

All men of Unity are invited to participate in the men's gathering. Together we are exploring life as men in the 21st century. If you are a man who desires to know your wholeness and holiness more completely than ever before, make plans to join this gathering of men.

A Course in Miracles Fridays and Sundays

A Course In Miracles teaches a thought system – a way of seeing and understanding—based on love and oneness with Spirit and with each other, as contrasted with the thought system the world teaches which is based on fear and separation. The Course shows how our human (or ego) minds resist these ideas because of our attachment to our separate bodies.

One group meets on Sundays 7:00-8:30 p.m. in the parlor. A second group meets on Fridays from 11:00—Noon in the Uniteen room in the Children's area. We read the text together and discuss the material. We welcome you to visit to see if this is for you. The book also includes a workbook section made up of daily lessons. For information, contact Penelope Morningstar at 791-7200 (Sunday group) and John Geiger 686-2091 (Friday group).

Drum Circle Saturday Mornings 10:00—11:30 a.m. at Unity

Bring your drum and join others and learn cool rhythms. A love offering will be accepted. For more information, contact Jess Watson at 328-2528.

Green energy!

Monthly budget for April/May	\$42,208
Total Income for April/May	\$41,151
Total Expenses for April/May	\$36,769
Profit/(Loss) for April/May	\$ 4,382
Total Year to Date	\$ 5,957

Planned Giving

Giving is a way to express our greatest blessings, as well as our values. It demonstrates the principle of flow in our lives because we know that as we give, we also receive. There are many ways you can share God's abundance with your church. There are a variety of ways to make a planned gift: a bequest in your will, giving cash, specific property, or a share of the remainder; a gift of real estate; a beneficiary of a life insurance policy or a charitable gift annuity.

Planned gifts may have positive financial impact on your estate! Ask your professional financial advisors about the methods of giving most advantageous for you.

FRIDAY MORNING BOOK STUDY Currently showing a Video Series "Down the Rabbit Hole" 10:00—11:45 a.m.

This Book Study Group meets every Friday in the Parlor where they discuss books and other media with a spiritual genre.

They are currently discussing a six week video series. A new book study will begin in early August. Please check our website or call 799-9639 for more information. Join us in the Parlor as often as you can. Questions or more information—call 799-8639.



Newsletter Deadline for Sept./Oct. issue Friday, October 21

Please submit your newsletter articles for publication.

Unity Worldwide Ministries
A Year of Abundant Living

Affirmation for July: Embrace Forgiveness

“Whenever you stand praying, forgive, if you have anything against anyone.”

Mark 11:25

“Clear your heart of any anger or ill will toward others...For each activity of love that replaces one of fear or anger, the world more fully realizes the peace of God.”

Daily Word

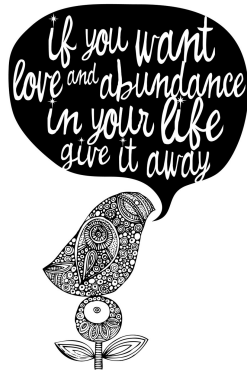
Affirmation for August: Open to God

“The glory that you have given me I have given them, so that they may be one, as we are one.”

John 17:22

“Part of living a spiritual life is understanding what you know and believe and then living by those principles.”

Wendy Craig-Purcell



Children’s Corner

Teachers Needed

It’s summertime and some of our teachers are taking vacation—a few will be out for the entire summer! We are in need of a few extra teachers and assistants to help teach our wonderful children. The curriculum is easy to follow and Christy is available to work with you until you feel comfortable. If you can help out, even just one day a month, that would be terrific!

Blessings,
Christy Stegman
Director of Youth Ministry
christystegman@yahoo.com
352-8639



Unity’s Women’s Group

Women’s Dinner Out will reconvene in the fall

Line Dancing Every Friday 12:15–1:15 pm

Melinda McKeon and Evelyn Bradley are teaching line dancing in the Fellowship Hall. Everyone is invited to participate. Suggested donation is \$3.00.



Healing Night Will return in September

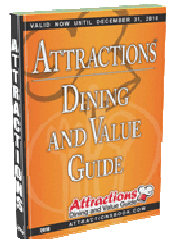


Join us for an
Ice Cream Social
Noon
Sunday, August 21st



ATTRACTION ‘COUPON’ BOOKS 2012 Books will be available in August!

Each year we offer Attraction books—one of the best deals in town. There are many buy one get one free lunches and dinners for many local restaurants as well as discounts on activities such as golf, bowling, etc. and local retailers: Best Buy, CVS, Dicks, Ace Hardware, and much, much more! You can purchase them on Sunday mornings or stop by the office during the day beginning in early August. The books cost \$25 and Unity receives \$10 for each.



Community and Worldwide Service

Mission: To bond together in love to engage in meaningful service to ourselves, our local community and the world.

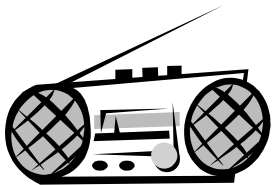
Projects for July and August

Collect school supplies for Home of Hope and a local elementary school.

We will be collecting school supplies of all kinds: paper, pencils, markers, glue, pencil boxes, construction paper, scissors, pencil sharpeners, notebooks, painting supplies, etc. We will be sending a container box to India in the fall, along with the cassette players and 400 books on tape for the orphanages. We will also contact a local elementary school and donate items for their students in need. The sales usually begin in late July. A collection box will be located in the entryway for your donations.



Cassette Players: We will be collecting cassette players through September for Home of Hope orphanages in India. They need to be able to be plugged into the wall. One library has donated over 400 books on tape to this project and will help the girls learn to speak English.



Project Recap for May and June

Galilee By the Sea Work Day We are grateful to the volunteers who came out to lend a hand and much was accomplished! Thanks for your support!

Yard Sale Our Yard Sale was a HUGE success and not only did we raise just over \$3,000 but we donated many items to other service organizations. Many books went to Home of Hope, used items went to another yard sale to raise funds for Good Shepherd Ministries and the Rescue Mission, some furniture went to the Ivy Cottage for sale, electronics were donated to those in need, etc. Everything was recycled in some fashion. We thank everyone who donated items, shopped, those who worked setting up and cleaning up, and especially to Jennifer Allen for chairing the whole event!

Personal Care Items for Good Shepherd Ministries We collected enough shampoo, toothpaste, soap, etc. to fill six good size boxes. The guests at Good Shepherd Ministries will be very excited to receive these items. Thank you!



Fellowship Circles for July and August

Fellowship Circles are an opportunity for getting to know others in a small informal group. You can meet for breakfast, lunch or dinner, go bowling, visit a museum, go on a boat ride, etc. However, most people do enjoy having a pot luck meal at someone's home or going out to eat at a restaurant. This is a great way to meet new folks and visit with old friends too!

Hosts for July:

Beau & Christine Lyons	Gail O'Brien
Mac & Linda McConatha	Laura Dawson
Melinda McKeon	



Hosts for August

Raydell Bailey	Annette and John Cook
Jim & Scottie Maddox	Ed & Jody Marecek
Barbara Nolan	

Kanuga Unity Breakthrough Experience September 13-16

Hendersonville, NC (in the Mountains)

**Keynote Speakers: Bishop Carlton Pearson,
Dr. Charlotte Shelton, and
Rev. Thomas W. Shepherd**

Join us at the beautiful Kanuga Retreat Center in Hendersonville, NC for a wonderful time to explore spiritual teachings, relax and center yourself amidst the mountain splendor, and enjoy playtime with fellow seekers. The cost of the retreat is \$395 for double occupancy (includes program, room and all meals), and \$125 for commuters (includes program and lunch and dinner). After August 15th the rate goes up to \$445 and \$175, respectively. For more information or to register, go to www.ummas.org. Early registration ends August 15th.



Sunday Worship Teams

	July 3 / Aug 7	July 10 / Aug 14	July 17 / Aug 21	July 24 / Aug 28	July 31
Usher/Greeters 9:00	Lori George Theo Haenn	Theo Haenn	Evelyn Bradley Bill Braman Nancy Braman	Elizabeth Dawsey, Lead Ed Marecek Jody Marecek Dotti O'Flaherty	Louise Miller, Lead Beverly Perry Cynthia Lacewell
Sound Tech 9:00	J, Downer/K. Wallen	J. May	P. Zabkar	J. May	E. Rimassa
Powerpoint 9:00	Bridi	S. Newton	Wells	G. Dolan	J. Scarborough
Nursery Worker 9:00	Rebecca Winebar	Rebecca Winebar	Rebecca Winebar	Rebecca Winebar	Rebecca Winebar
Hospitality Set Up 9:00	Lori George	Beverly Perry	Bill & Nancy Braman	Evelyn Bradley	
Usher/Greeters 11:00	Raydell Bailey Elaine Bitto Jim Bitto Mary Golob	Gloria Wright, Lead Evelyn Bradley Cathy Byrne Carol Jenkins Donna May	CJ Spear, Lead Ed Corbin Jeanne Corbin Debby Creasy Joan Lopez	Lainie Mauger, Lead Judy Calloway Gail O'Brien Zahara Oshnchild	Louise Miller, Lead Dotti O'Flaherty Gail O'Brien Laura Dawson Cathy Byrne
Sound Tech 11:00	J. Downe/K. Wallen	John DeVeaux	Lancaster	Tyler	G. Dolan
Powerpoint 11:00	J. Scarborough	M. Westerling	R. Wells	D. Bridi	
Tellers	Nancy Klase C.J. Spear	Gail O'Brien Jim Bitto	Judy Calloway Lainie Mauger	Emily Coxe Terri Downs	Bea Haik Linda McConatha
Sunday School 3-4 year olds	Cindy Yates	Phyllis Millette Cindy Yates	John Caprell Gena McKinley	John Caprell Gena McKinley	
Sunday School 5, 6, and 7 year olds	Volunteers needed	Volunteers needed	Bill and Yvonne Pardo	Alan and Kaete Held Holly Kennedy	
Sunday School 8, 9 and 10 year olds	Liz Freeman Dee Seidle	Liz Freeman Dee Seidle	Liz Freeman Dee Seidle Sarah Macey	Liz Freeman Dee Seidle Sarah Macey	
Uniteen Sponsors	Connie Cox	Connie Cox	Connie Cox	Connie Cox	Connie Cox
Y.O.U Sponsor	Connie Cox	Connie Cox	Connie Cox	Connie Cox	Connie Cox
Hospitality Clean Up					

A light breakfast will be provided for those who are working at both services.

Wednesday Worship Teams

	July 6 / Aug 2	July 13 / Aug 9	July 20 / Aug 16	July 27 / Aug 23	Aug 30
Usher/Greeters 7:00	Sidney Nykanen	Christine Lyons			
Sound Tech 7:00	Jeff May	Jim Downer	Jeff May	Jim Downer	

July 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon Line Dancing 12:15 pm	2 Drum Circle 10:00 am
3— Birthdays Sun. Sunday Service 9:00 & 11:00 am Youth Ed. 11:00 am ACIM 7:00 pm	4 Independence Day	5—Office closed Music Rehearsals 3:15 pm Men's Group 7:00 pm Overview of Christian Scriptures 7:00 pm	6 Oasis 7:00 pm	7 N.A. 5:30 pm	8 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon Line Dancing 12:15 pm	9 Meals on Wheels 9:00 a.m. Drum Circle 10:00 am
10 Sunday Service 9:00 & 11:00 am Youth Ed. 11:00 am ACIM 7:00 pm	11 Café Lundi With Greg Tamblyn Dinner 6:30 pm Show—7:15 pm	12 Music Rehearsals 3:15 pm Men's Group 7:00 pm Overview of Christian Scriptures 7:00 pm	13 Oasis 7:00 pm	14 N.A. 5:30 pm	15 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon Line Dancing 12:15pm	16 Garden Work Day 8-11:00 am Drum Circle 10:00 -11:30 am
17 Sunday Service With Karl Anthony 9:00 & 11:00 am Youth Ed. 11:00 am Salad Sunday Noon ACIM 7:00 pm	18	19 Music Rehearsals 3:15 pm Men's Group 7:00 pm	20 Mantra with Karl Anthony 7:00 pm	21 Power Club 5:30 pm N.A. 5:30 pm	22 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon Line Dancing 12:15 pm	23 Drum Circle 10:00 am Kryon Noon-5:30 pm
24 Sunday Service 9:00 & 11:00 am Youth Ed. 11:00 am Kryon 2:00-7:30 pm ACIM 7:00 pm	25	26 Music Rehearsals 3:15 pm Men's Group 7:00 pm	27 Oasis 7:00 pm	28 N.A. 5:30 pm	29 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon Line Dancing 12:15 pm	30 Drum Circle 10:00 am
31 Sunday Service 9:00 & 11:00 am Youth Ed. 11:00 am ACIM 7:00 pm						

August 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Music Rehearsal 3:15 pm Men's Group 7:00 pm	3 Oasis 7:00 pm	4 N.A. 5:30 pm	5 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon Line Dancing 12:15 pm	6 Drum Circle 10:00 am
7 Sunday Services With Charley Thweatt 9:00 & 11:00 am <i>Birthday Cupcakes</i> Youth Ed. 11:00 am Salad Sunday Noon Charley Thweatt Workshop 1-3 pm ACIM 7:00 pm	8 Café Lundi with Charley Thweatt Dinner 6:30 pm Show 7:15 pm	9 Music Rehearsal 3:15 pm Men's Group 7:00 pm	10 Oasis 7:00 pm	11 N.A. 5:30 pm	12 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon Line Dancing 12:15 pm	13 Meals on Wheels 9:00 am Drum Circle 10:00 am
14 Sunday Services 9:00 & 11:00 am Youth Ed. 11:00 am ACIM 7:00 pm	15	16 Music Rehearsal 3:15 pm Men's Group 7:00 pm	17 Oasis 7:00 pm	18 N.A. 5:30 pm Power Club 5:30 pm	19 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon Line Dancing 12:15 pm Newsletter Deadline	20 Drum Circle 10:00 am
21 Sunday Services With Paula Zabkar 9:00 & 11:00 am Fly Up Youth Ed. 11:00 am Ice Cream Social Noon ACIM 7:00 pm	22	23 Music Rehearsal 3:15 pm Men's Group 7:00 pm	24 Oasis 7:00 pm	25 N.A. 5:30 pm Power Club 5:30 pm	26 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon Line Dancing 12:15 pm	27 Meditation Retreat 9-4 pm With Richard and Maureen
28 Sunday Services 9:00 & 11:00 am Youth Ed. 11:00 am ACIM 7:00 pm	29 Reiki Practitioners 7:00 pm	30 Music Rehearsal 3:15 pm Men's Group 7:00 pm	31 Oasis 7:00 pm			

Office (910) 763-5155
 E-mail: admin@unitywil.com
 Website: unitywil.com
 Office Hours:
 Tuesday–Friday
 9:00 a.m.–4:00 p.m.

Ministry Team
 Rev. Richard Levy
 Maureen Levy

Director of Youth Ministry
 Christy Stegman

IT and Sound
 Jeff May

Licensed Unity Teacher
 Paula Zabkar

**Ministers of Music and
 Worship Arts**
 Philip Pennington
 Lisa Keating

Music Team
 Aaron Annis, Jim Downer, Will
 Grady, Benny Hill, Mike Jordon,
 Barbara Nolan, Eleanor Ri-
 massa, Elaine Sigmon

Newsletter
 Annette Cook

Office Angels
 Jennifer Allen, Scottie Maddox,
 Ed Marecek

Office Administrator
 Annette Cook

Sexton
 Gordon McLaughlin

Uniteens Sponsor
 Connie Cox (Temp.)

Youth of Unity Sponsor
 Connie Cox

Sunday Morning

Worship Services—9:00 and 11:00 a.m.
 Nursery—9:00 and 11:00 a.m.
 Children’s Ministry Program —11:00 a.m.
 Uniteen Program—11:00 a.m.
 Youth of Unity Program—11:00 a.m.



Missed the Sunday Service?

Would you like a copy of the Sunday service?
 Digital recordings of our services are available
 on CD for \$5 per copy. Place your order with
 one of our wonderful sound operators at the
 booth at the back of the Sanctuary or contact
 the church office to place your order. Orders
 will be ready for you to pick up the following
 Sunday.



Birthdays for July

- 1 Janette Wellman
- 2 Earl Grady
- 3 Monae Pardo
- 4 David Allen, Sheri Parrish
- 6 Margaret Pavell
- 7 Ron Lindquist
- 8 Angela Mills
- 10 Nancy Klase, Heather Smith,
Kathy Wallen
- 15 Laura Dawson
- 17 Elizabeth Britton
- 18 Champion King
- 21 Diane McGoun
- 24 Barbara DeCori
- 25 Annette Cook
- 27 Beverly Perry
Summer Teasdale
- 28 Linda McConatha

Birthdays for August

- 3 Melinda McKeon
- 4 David Morris
- 5 Jacob Brown, Lori George
- 6 Loretta Grady
- 9 Esther Murphy
- 10 Alanna Robins, Devonne Robins
Susan Darnell
- 11 Stanley Newton
- 14 Evelyn Bradley, Marie Pare
- 15 Yvon Morris
- 17 Nancy Andrews, Jeff May
- 24 Carol Richter
- 26 Sarah Macey
- 28 Joan Lamm
- 29 Pat Newton
- 31 Marci Staten

Church Board Members

Jim Bitto
 Jennifer Brier
 George Dolan
 Nancy Klase
 Lainie Mauger
 Gail O’Brien



Refreshments for July and August

If your last name begins with the letter *A-I*,
 we are asking you to bring in after service
 refreshments during the month of *July*. Last
 names beginning in *J-R*, you get the month of
August. You can bring fruit, cheese and
 crackers, raw veggies, cookies, or whatever
finger foods you would like to bring. (Finger
 foods are a greener option so we do not have
 to use forks and plates—which save water,
 paper, and clean up time too!) Many thanks!



Ink Jet Cartridge Recycling

Unity is collecting used ink cartridges of all
 kinds to recycle. A box is located in the lobby
 for these cartridges. We have raised \$286
 while being good stewards! Thanks to Liz
 Freeman for delivering these cartridges to
 the store for us.

Regularly Scheduled Classes

A Course in Miracles
 Sunday at 7:00 p.m.
 Friday at 11:00 a.m.

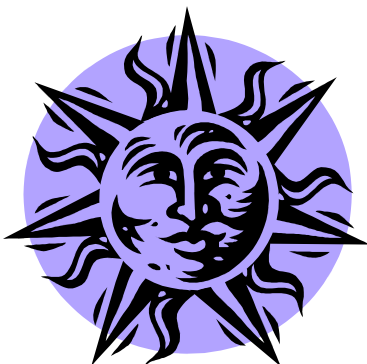
Music Rehearsal
 Tuesday at 3:15 p.m.

Men’s Group
 Tuesdays at 7:00 p.m.

Wednesday Night Oasis
 7:00 p.m.

Friday Book Group
 10:00 a.m.

Line Dancing
 Friday at 12:15 p.m.





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717 Orchard Avenue
Wilmington, NC 28403

Rev. Richard Levy
Rev. René N. Paré,
Minister Emeritus

Return Service Requested

We're Here for You!

You are a very important part of our world and we want you to know the various ways we can reach out to you. Information about Unity of Wilmington is available at our website at unitywil.com. By clicking on various buttons you have access to:

Sunday Services - Each week a recording and video of the Sunday lesson is available (usually by Monday evening). Most of the lessons from 2011 are listed on our website.

Newsletter—The current newsletter is available, as well as archives of the previous two or more years. You can print out a hard copy in the comfort of your home.

Contact Us—You may contact us at admin@unitywil.com or call us at 763-5155.

Prayer—Please let us know if you are in need of prayer support by filling out a Prayer Request form located in the entryway and in the Sanctuary on the table by the piano. You can also contact Silent Unity at 1-800-NOW-PRAY (1-800-669-7729).

Email Updates—Each week an email is sent out listing the events and classes for the current week. If you would like to receive these weekly emails, just send your request to admin@unitywil.com.