



## Tune In, Turn On, Tap Into The Loving Presence of the Divine

Weekly Scheduled Classes are Listed  
on Inside of Back Cover

**Women's Gathering Begins**

Mar. 1 and every Tues. at 7:00 pm

**Quantum Energetics**

Mar. 3 at 6:30 pm

**Mardi Gras Gala**

Mar. 4 at 7:00 pm

**Birthday Sunday—Cupcakes Needed**

Mar. 6 and Apr. 3 at 9:00 and 11:00 am

**Healing Circle with Valentina**

Mar. 6 at 12:30 pm, Mar. 13 at 1:00 pm

Mar. 20 at 12:30 pm

**Healing Nights**

Monday, Mar. 7 and Apr. 4 at 7:00 pm

**Women's Dinner Out—Manna 123**

Tuesday, Mar. 8 at 6:00 pm

**Parenting Class Begins**

Thursdays at 7:00 pm

**Galilee by the Sea Work Days**

Mar. 12, 19, 26, 9:00-4:00 pm

**Membership Meeting**

Sunday, Mar. 13 at Noon

**Fetching Liam Concert**

Monday, Mar. 14 at 7:00 pm

**Pot Luck Dinner/Game Night**

Friday, Mar. 18 at 6:30 pm

**The Transzenders w/ Bev. Bockover**

Sunday, Mar. 20 at 9 & 11 am

**Improv**

Tuesday, Mar. 22 at 7:00 pm

**Faster EFT Class**

Saturday, Mar. 26 at 10:00 am

**CFCC Jazz Band**

Sunday, Mar. 27 at 9, 11 and 7:00 pm

**Variety Show**

Friday, Apr. 1 at 7:00 pm

**Quarter Auction for Relay for Life**

Friday, Apr. 8 at 6:00 pm

**New Member Class**

Saturday, Apr. 9 at 9:00 am

**Women's Dinner Out at Nicola's**

Tuesday, Apr. 12 at 6:00 pm

**Relay for life**

April 15-16

**Work on Wilmington**

Saturday, Apr. 16, 8:00 am

**Children's Easter Celebration**

Saturday, Apr. 23 at noon-3:00 pm

### *No Death, No Fear*

Our greatest fear is that when I die, death will be the final end of 'me'. Many people believe that our entire existence is only a life span beginning with the moment we are born and ending the moment we die. In Unity we declare that we are spiritual beings living in a spiritual universe, focused for a short time in a physical body. Our essential essence cannot be destroyed or harmed in anyway.

Jesus declared that in my Father's house there are many rooms. We live in an omnipresent house of consciousness and from time to time we leave one room (life) to enter another. When we close one door, another opens. Buddha taught there is no birth, there is no death; there is no coming and there is no going. The fact that we think birth and death are real creates a powerful illusion that causes us suffering.

Just before his death, Jesus turned to the robber on his right and said, "Today you shall be with me in Paradise." He knew that death was but an illusion. Jesus allowed his body to be put to death so he could consciously enter the deathless state and reanimate his body. He appeared many times to his disciples, clothed in his spiritual body, and gave us the clear message, "Lo, I am with you always, even until the end of the world." He taught us that our essential spiritual nature changes form, but never, ever dies.

Never the Spirit was born-  
The Spirit shall cease to be, never.  
Never was time it was not-  
End and beginning are dreams.  
Birthless and deathless and changeless  
Abideth the Spirit forever.  
Death doth not touch it at all.  
(Bhagavad Gita)

We love and adore you,

Richard and Maureen

### Easter Services

Maundy Thursday, April 21 at 7:00 p.m.

The Seven Last Words of Jesus, Friday, April 22 at 2:00 p.m.

Children's Easter Celebration, Saturday, April 23 at Noon

Easter Services, April 24 at 9:00 and 11:00 a.m.



# Mardi Gras Gala

March 4th

**Heavy Hors d'oeuvres**

**7:00 - 11:00 p.m.**

Tickets \$12 per person if purchased by March 3rd

Tickets purchased at the door are \$15

**Join us for a GREAT TIME!**

**Dress with PIZZAZ!**

**MUSIC AND DANCING!**

*We will follow tradition and enjoy King Cake as we select our  
King and Queen!*

**Door Prizes!  
50-50 Raffles!**

*Beer and Wine available*



## **Churchwide Yard Sale Saturday, May 7th**

**The pod is scheduled to arrive in April, so you may begin to bring in items after April 1st.**

### ***How you can help:***

- Bring in your treasures, clean and priced, if possible. Books, music, movies, coffee mugs and clothing do not need to be priced.
- If you have a truck and are available to pick up items during the first week of May, please contact Jennifer Allen at 791-5206. If you need an item picked up, please also contact Jennifer.
- Help is needed during the first week of May pricing and setting up for the yard sale.
- Many workers are needed on May 7th, anywhere between 6:00 a.m.—4:00 p.m. (Cleanup begins at 2:00 p.m.) Sign up in the entryway or contact Jennifer Allen at 791-5206.
- Remember, releasing unused and unwanted items makes room for more good to move into your life and your unused item may become someone else's new treasure!





# Unity's Annual VARIETY SHOW

Friday, April 1st

7:00 p.m.

Suggested donation: \$7



Featuring:

Singers

Dancers

Musicians

Comedy

and Much More!



Jim Downer is our Producer, Director, and Talent Scout. Contact Jim if

you have a great act you wish to perform (399-1211). Nancy Klase will emcee the event. Come out for a great time!

Refreshments provided by our Uniteens as a fundraiser.

## CHANGE YOUR CLOCK



## CHANGE YOUR BATTERY

Daylight Savings Time Begins March 13

## SPECIAL MEMBERSHIP MEETING

Sunday, March 13 at Noon

UNITY OF WILMINGTON BYLAW CHANGES

There is a special meeting called by the Board of Directors of Unity of Wilmington on March 13, 2011 to revise the current Bylaws in keeping with the changes happening in our congregation. Full copies of the Bylaws are available in the back of the Sanctuary containing all the changes. In that the Bylaws are 22 pages long, the specific changes proposed are listed below. Please take the time to review the proposed changes and attend the meeting on March 13<sup>th</sup>.

Thank you,  
Your Board of Directors

### CHANGES:

Title: Add "d/b/a (doing business as) Unity of Wilmington"  
Delete "Christ Church" wherever it appears throughout the document.

Section 1.01 Statement of Purpose:  
Change "Unity School of Christianity and the Association of Unity Churches" and "the Association" to "Unity Worldwide Ministries" here and wherever it appears throughout the document.

Section 3.02 Election of Members – add "active"

Sections 3.03 Terms of Membership:

b) Inactive Member: change definition of inactive member.

Section 3.04 Powers of Members:

Add new "d) Approve the Annual Budget."  
Reletter the remaining items.

Section 3.05 Meetings and Quorum:

(c) Written notice: add "and/or e-mailed."

Section 4.02 Governance, Ministers

Selection: delete "with the assistance of the Association."

Section 4.03 Board of Directors: (d) Duties

16) Delete "See Section 6.01 of these Bylaws".

25) Add item: "Participate as a member of a ministry team."

Section 4.04 Board of Directors: Election a) Qualifications:

7) Clarify that a board member CANNOT be a paid member of the administrative staff.

Article 6: Ministry Teams

Delete in its entirety. The Board retains power to create, oversee and dissolve Ministry Teams. (Article 4.03 #16)

Article 8.01 Bylaw Amendments – Procedure

Add "Bylaws are reviewed and/or revised annually."

## Valentina's 'Dream as One' Events

Sundays, March 6, 13, and 20  
 March 6 and 20 at 12:30 p.m., March 13 at 1:00 p.m.

Know yourself—find your dreams in the inspiring light of the vibrant AVATAR TREE OF LIFE!!!

EXPERIENCE SELF-EMPOWERMENT at VALENTINA'S "DREM AS ONE" EVENT on Saturdays, March 6, 13 and 20 as she merges the energy of all participants with an open heart and cultivates a deep sense of caring for self in a vibration level of a conscious group awakening.

Valentina has a PhD in medical biochemistry at the government's Cardiology, Scientific and Medical Center in Moscow. She is an internationally known Russian healer, medical intuitive, therapist, teacher and scientist. She will be joined by two unique Master Musicians—Eileen MaryAnn Argenbright and Philip Pennington—in setting the tone for group healings for these three events.

We are coming together to manifest our Dreams! Everything you've ever learned, experienced, wished for yourself, your loved ones, your community, your world—bring all of it to the circle of Oneness and let love appear in the power of togetherness.

Time to "Dream as One" will last one hour. After that we will continue in a Healing Circle led by Valentina. With a massage table in the center of the room and the loving touch of her hands, we will swim in the waters of life chanting and meditating, dance with the waves of transparent light and breathe the air of our new world filled with the heartbeat of life.

This event is FREE of charge—donations are greatly appreciated. You're welcome to bring a dish to share for a potluck dinner.

## The Garden Ministry Needs You!

**Mission Statement: To express love by growing and nurturing a garden where we can experience God in nature.**

Jody Marecek, our Team Leader of the Garden Ministry, is stepping down for a much deserved break. Jody has been the Team Leader and a member of this ministry for many years and has done an excellent job keeping our grounds green and beautiful! If you enjoy gardening and wish to be a part of this Team, or wish to become the Team Leader, please contact the church office at 763-5155. A booklet listing all the schedules for pruning, cleaning, and ideas from the team has been prepared to assist those on the Team.



We thank Jody for all her hard work and attention she bestowed upon our garden! Thank you, Jody!

## Musical Notes

### Fetching Liam

Monday, March 14 at 7:00 p.m.  
**A Christian Rock Band with Philip Pennington and Friends**

'Fetching Liam' features six professional musicians including Chick Corea's drummer, an electric guitarist with lightning virtuosity, and Philip's keyboard inspirations. An additional three-part spirit-focused harmony completes the mix.

### The Transzenders

Sunday, March 20 at 9:00 & 11:00 am

The Transzenders perform a mix of contemporary country and light rock with positive messages.

### Cape Fear Community College Jazz Band

Sunday, March 27 at 9:00 & 11:00 am  
 and at 7:00 p.m. too!

Marc Siegel leads this terrific band featuring his students at the college, some who play locally, too! They will perform a variety of music so be sure to come out for a great performance!

Love offerings will be taken.



## Easter Activities at Unity of Wilmington



Thursday, April 21, 7:00 p.m. **Maundy Thursday** Become one with the Body of Christ Consciousness through the simple partaking of bread and wine (grape juice). This special service allows us to join the 12 Disciples in awakening to the Christ Presence within us.

Friday, April 22, 2:00 p.m. **The Seven Last Words of Jesus** Join us on Good Friday as we review the last seven statements of Jesus. These are powerful tools that can be used to release the fear in our minds and hearts that has kept us forgetful of our Divine Nature.

Saturday, April 23 – Noon–3:00 p.m. **Children's Easter Celebration** We are so excited to see the laughter shared as we make crafts, eat delicious food, play games, have an Egg Hunt and so much more! All children are welcome to attend and parents/responsible adults are encouraged to stay and participate.



Sunday, April 24, 9:00 & 11:00 a.m. **Easter Sunday** Together we will joyfully celebrate the resurrection of Jesus as well as the 'resurrection' of our own Christ-Consciousness.

**Easter Flowers**—Please help us decorate our Sanctuary for Easter with beautiful flowers (tulips, hyacinths, lilies, etc.). If you would like to purchase a flower in memory or in honor of someone, please fill out the form in the bulletin, include your check or cash for \$10 and return it to the office prior to April 17th. You may take a flower home after the service on Easter Sunday and enjoy it in your own home or garden. We will include an insert in the bulletin on Easter Sunday listing those who are honored and remembered.



## New Directory



Each year we update our Congregational Directory, as many phone numbers, addresses and emails have changed. New Directories will be ready by mid-March and you can pick up yours in the Entryway

## Heart Centered Metaphysics Class Series Two Begins Monday, Feb. 28

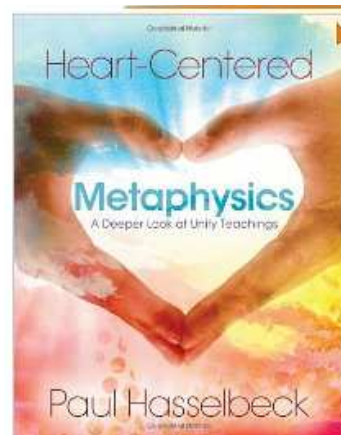
Paula Zabkar will be starting part two of a four part series using the text Heart Centered Metaphysics by Paul Hasselbeck.

This second five week session will be on Mondays, February 28—March 28, from 7:00-9:00 p.m.

Heart-centered metaphysics is a large and comprehensive subject consisting of powerful Divine Ideas, Principles and Laws that can be used to improve everyday life. In Unity, *metaphysics* is considered synonymous with *theology*; thus the study of metaphysics is the study of Unity theology! This text is focused on beliefs about the nature of Ultimate Reality or Oneness, from a Unity perspective. We will explore this idea through the 'lens of the heart' with the goal of embodying and expressing these spiritual concepts.

Expand your understanding of God and learn to live a holy and joyous life. Join us Mondays 7:00-9:00 p.m.

The book is available at the church office for \$24.



## Healing Night Mondays, March 7 and April 4 7:00-9:00 p.m.

This evening of healing is open to all wishing to receive healing touch. Contact Sis Tyler at 452-0415 if you have any questions or wish to participate as a facilitator. Love offerings accepted.



## Practitioners Night Monday, February 28 and March 28 at 7:00 p.m.

Reiki Practitioners meet in the Fellowship Hall to improve their skills. Contact Sis Tyler for more information at 452-0415.

## Don't miss a Sunday Lesson!

We offer audio and video presentations of Sunday's lessons on our website at Unitywil.com. If you are out of town or unable to make it to service on Sunday, you can still hear Richard's message. Thank you Brad Brown, for filming the lesson each Sunday! And thanks to Jeff May for uploading and maintaining our website. We couldn't do it without your dedicated support!

## Fellowship Circles for March and April

Fellowship Circles are an opportunity for getting to know others in a small informal group. You can meet for breakfast, lunch or dinner, go bowling, visit a museum, go on a boat ride, etc. However, most people do enjoy having a pot luck meal at someone's home or going out to eat at a restaurant. This is a great way to meet new folks and visit with old friends too!

### Hosts for March:

Carol Jenkins	Nancy Klase
Cynthia Lacewell	Ed & Jody Marecek
Gail O'Brien	



### Hosts for April

Raydell Bailey	Marge Ciardella
Elizabeth Lotspiech	Lainie Mauger
Mary Lou Palmer	

## QUANTUM ENERGETICS PLAYGROUND

Thursdays, March 3 at 6:30 p.m.  
and April 14 at 7:00 p.m.

Matrix Energetics utilizes the concepts of quantum physics where change can be instantaneous and unlimited.

Practice with Christine Bennett and Beth Ventre to experience the playfulness of Matrix and see how it can open doors into unlimited thinking and possibilities.

Everyone is welcome to join us—beginners and those who want to practice.

Christine Bennett is a certified Matrix Energetics Practitioner and a Craniosacral Therapist. Beth Ventre is a Physical Therapist who also utilizes Matrix Energetics with her clients.

Come and play!!!

## The Wednesday Night

### Oasis

7:00 p.m.

Phil Jones will be Back for Oasis  
Wednesday, March 2

Wednesday Night Oasis – Our Midweek Refuge  
Every Wednesday at 7:00 p.m.

Join us on Wednesday evening at 7:00 p.m. as we delve deeper into our Sunday topic, partake in a guided meditation and receive the Oneness Blessing. It's a great way to center oneself midweek and the benefits include experiencing more peace, love, and joy in our lives.

*Remember, when we take time to stop, calm and rest in the Spirit, we do it not just for ourselves, but for the benefit of all beings!*

Phil Jones, will be back on March 2 to lead us in chanting during Oasis on Wednesday, March 2. Phil's music adds much energy to our program. We are delighted that he will be joining us!



## 'Soup' Sundays March 20 and April 17

'Souper' Sundays are a great way to fellowship while enjoying a delicious cup of soup. Please sign up if you will prepare a soup. Finger foods and desserts are also welcome, too!

Thanks to the soup makers for February: Jennifer Allen, Annette Cook, Susan Darnell, Loretta Grady, and Vickie Sears!



## Attention All Unity Young Adults!!!

(Our 18-35ish Joyful Spirits)

Come join us on our new Next Generation Unity (NGU) Facebook Group—Unity of Wilmington NGU. This is a virtual meeting place for our young adults. Feel free to join, post prayer requests, and discussion threads. Our group is designed to keep young adults connected to our community in a meaningful way through technology—even if you are away at college...LOL

If you are interested in assisting with chairing this group or if you have any questions, please contact Jennifer Brier (604-3324). See you on Facebook.

## CUPCAKES NEEDED

**Sundays  
March 6 and April 3**



The Hospitality Team is looking for folks to bake cupcakes for our monthly birthday celebration. You can make any flavor, with or without sugar, regular size or minis, box mix, scratch or even store bought! We appreciate your generosity and willingness to help us celebrate our congregants special day!

*Thanks to those who brought in cupcakes in February!*

## A Course in Miracles Fridays and Sundays

A Course In Miracles teaches a thought system – a way of seeing and understanding—based on love and oneness with Spirit and with each other, as contrasted with the thought system the world teaches which is based on fear and separation. The Course shows how our human (or ego) minds resist these ideas because of our attachment to our separate bodies.

One group meets on Sundays 7:00-8:30 p.m. in the parlor. A second group meets on Fridays from 11:00—Noon in the Uniteen room in the Children's area. We read the text together and discuss the material. We welcome you to visit to see if this is for you. The book also includes a workbook section made up of daily lessons. For information, contact Penelope Morningstar at 791-7200 (Sunday group) and John Geiger 686-2091 (Friday group).

## Drum Circle Saturday Mornings 10:00—11:30 a.m. at Unity

Bring your drum and join others and learn cool rhythms. A love offering will be accepted. For more information, contact Jess Watson at 328-2528.

## GREEN ENERGY!

Monthly budget for January	\$21,104
Total Income for January	\$22,677
Total Expenses for January	\$18,092
Profit/(Loss) for January	\$ 4,585
Total Year to Date	\$ 4,585

**Special Membership  
Meeting  
Sunday, March 13  
at Noon  
Make plans to attend!**

## Men's Group Tuesdays at 7:00 p.m.

All men of Unity are invited to participate in the men's gathering. Together we are exploring life as men in the 21st century. If you are a man who desires to know your wholeness and holiness more completely than ever before, make plans to join this gathering of men.

## FRIDAY MORNING BOOK STUDY Busting Loose From the Money Game 10:00—11:45 a.m.

This Book Study Group meets every Friday in the Parlor where they discuss books with a spiritual genre. They are beginning a new book, Busting Loose From the Money Game by Robert Schienfeld. Join us in the Parlor as often as you can. Questions? Call 799-8639.



## Newsletter Deadline for May/June issue

**Friday, April 15**  
Please submit your newsletter articles for publication.

## From the Board:

Yea! Spring is just about here, officially that is. The dandelions and daffodils are coming up and we can really appreciate them after this COLD WINTER.

We have had our Annual Meeting and are starting the New Unity Year. As we begin, the Board wishes to thank Bea Haik for her service, patience and leadership as President of the Board for the past 2 years, as Treasurer before that. All in all Bea has been on the Board six years, 2 terms this time round. She has served prior to this time. Thank you again, you leave a proud legacy.

The Board serving us this year is:

Jim Bitto	President
Gail O'Brien	Vice President
Jennifer Brier	Secretary
Lainie Mauger	Treasurer
Nancy Klase	Nominating Committee
George Dolan	At-Large

We hold them in the light as they oversee the business of Unity of Wilmington.

One of the activities for the year and thereafter is focused on the making the Board more available to all members of the Congregation and visitors. To facilitate that happening, each Sunday, one Board member will be available after both services to speak to and welcome any congregant and visitor. Our intention is to grow in oneness. Conversations may be short, and there will be follow-through as needed. This activity will begin in March, 2011. The name of the Board member-of-the-day will be given with the announcements..

One last bit of unfinished business from the Annual Meeting: The Bylaws. The Board is calling a special meeting to consider bylaw changes. The meeting is scheduled for

**SUNDAY, MARCH 13, 2011  
AT 12 NOON (AFTER THE 11 A.M. SERVICE)**

Remember that you must be a member to vote. A summary of the proposed changes is included in this newsletter. Full copies of the bylaws (22 pages) are available in the sanctuary for your perusal. It will be a very short meeting.

Thank you for your continuing support as we TUNE, TURN ON AND TAP INTO THE LOVING PRESENCE OF THE DIVINE.

Lainie Mauger, Treasurer

## Children's Corner

Easter is right around the corner. This year's Easter Celebration will be Saturday, April 23rd from 12-3. We are so excited to see how many wonderful laughs will be shared as we make crafts, eat delicious food, play games, have an Egg Hunt and so much more! All children are welcome to attend and parents/responsible adults are encouraged to stay and participate. We will be having a sign up sheet in the youth Ed wing for volunteers and attendees so that we can plan accordingly.

Thanks to our wonderful team of Teachers we have a successful Youth program. We have some exciting opportunities for new teachers in our Sunday School program. If you are interested in joining our volunteer teaching team by making a 1-2 Sundays a month commitment, please let me know. We have training and shadow teaching available as well.

Blessings,  
Christy Stegman  
Director of Youth Ministry  
[christystegman@yahoo.com](mailto:christystegman@yahoo.com)  
352-8639



**Faster EFT  
Saturday, March 26  
10:00 a.m.—5:00 p.m.  
Suggested Donation: \$25**

Faster EFT (Emotionally Focused Transformation) integrates the most effective elements of EFT, BSFF (Be Set Free Fast), NLP, spiritual understanding and the mind's ability to transform. It uses simple protocols that can produce profound results and create deep changes in less time than other tapping methods and healing modalities. Faster EFT has produced great results in all areas such as weight loss, addictions, depression, fears and phobias, relationship problems, physical pain, and much more.

If you have any questions or would like more information, contact Cindy Borel at 910-233-2629.

We will break for 1-1/2 hours for lunch.

*I am ever alert to the whisper of Spirit within,  
which guides me and comforts my heart.*

*Unity Worldwide Ministries*  
*A Year of Abundant Living*

**Affirmation for March: Get healthy.**

"Your body is a temple of the Holy Spirit within you, which you have from God."

1 Corinthians 6:19

"Healthy activities: Parking as far away as possible from the entrance. Taking stairs. Using good posture while reading or studying.." Michelle Robin and Roxanne Renee Grant, *Wellness on a Shoestring*

**Affirmation for April: Step out in faith.**

"Now faith is the assurance of things hoped for, the conviction of things not seen."

Hebrews 11:1

"When we begin to remove the blocks that we have placed to our good, then like a mighty torrent the blessings come rushing into our open spaces." Rev. Dr. Thomas W. Shepherd, *Good Questions: Answering Letters From the Edge of Doubt*



**Yoga Classes at Unity**  
**Tuesdays at 6:00 p.m.**

A Kunga Yoga Class will be offered at Unity. Kunga means to serve, help, reconcile. Yoga mean to unite. This class is about coming back to our center, brining stillness and awareness back into our life and uniting all while getting into the poses and breathing. It is based on Hatha Yoga and will be an all level class.

A one-hour class will be offered on a love offering basis:  
Tuesdays: 6:00—7:00 p.m.—Fellowship Hall

Please contact the instructor, Sage at 540-539-4066 for more information.



**Membership Class**

**Saturday, April 9, 9:00 a.m.—Noon**

Your presence, your voice, and your support are important to the health and vitality of this ministry, because this ministry consists of individuals just like you! Won't you consider making a larger commitment to your spiritual home?

Reasons why you might want to become a member:

- Increase your commitment to your spiritual growth and oneness with Spirit;
- Increase your sense of belonging to your spiritual community;
- Participate in the good this ministry contributes to the lives of so many;
- Contribute to the continued growth and development of your spiritual home by voting at the Annual Meeting and/or by becoming a member of the Board of Trustees (\*You must be a member for one year before being eligible to sit on the board); and
- Receive discounts for weddings and memorial services for yourself or immediate family members.

This class, which meets the requirement for becoming a member, will review the five basic teachings of Unity and help you get a clearer perception of Unity's beginnings and its place in the world today. Please contact Annette at 910-763-5155 or email her at [admin@unitywil.com](mailto:admin@unitywil.com) to enroll in the membership class.

We thank you for your continued support and involvement in whatever form it takes!

Namaste,

Rev Richard and Maureen Levy  
And your Board of Trustees



*Improv*

**Tuesday, March 22 at 7:00 p.m.**

Do you like to have fun and laugh? If you can simply engage in conversation, you can make other people laugh and have the time of your life doing it! Join us for Improv. No experience necessary and there's really nothing to learn. We meet monthly and choose formats and themes randomly. This opportunity is open to everyone. If you have any questions, please contact Annette at 763-5155 or [admin@unitywil.com](mailto:admin@unitywil.com).

## Welcome Melinda McKeon, Volunteer Coordinator

We welcome Melinda McKeon to the staff of Unity of Wilmington. Melinda will assist the Ministry Teams with their volunteer needs. If you wish to volunteer in any capacity, please give Melinda a call at 352-8183. And if Melinda gives you a call, please say 'yes' I will help!

## NOT YOUR AVERAGE PARENTING CLASS

For Parents and Friends of Unity

Thursday, March 10—April 14, 7-8:30 pm

Want to stop yelling, spanking, bribing,  
nagging and threatening?

Is bedtime a wrestling match?

Tired of saying “no”?

Is morning more like a nightmare?

Wonder if you really are in charge?

Just want to be a better parent?

With professional credentials and extensive experience working with children with behavioral and learning differences, and after becoming a graduate of the groundbreaking 3 year Coaching with Love program, in 2003 **Holly Kenney** began working very closely with families, specifically assisting parents in becoming aware of changes they could make that would create profound shifts in the behavior of their children. As a result of this work and comprehensive research Holly designed an innovative approach for parenting called **Foundations of Love™**. This 3 fold approach gives parents a framework to use in any situation, with methodology as varied and flexible as kids are themselves. The use of Holly’s approach boldly takes parents from feeling controlled in a situation to a take charge with love position, creates an atmosphere of safety for the children, enhances the parent/child relationship, and allows each family member’s magnificence to *blossom*.

**Happy Parents Raise Happy Kids!**

Suggested donation for the six week class is \$115, however no one will be turned away do to lack of funds.

To learn more about Foundations of Love™ visit Holly’s website at

## Unity’s Women’s Group

### Women’s Dinner Out

On the second Tuesday of the month, Unity’s Women’s Group will have a dinner out at a restaurant. The selection for March 8th is Manna 123 located at 123 Princess Street. On April 12 they will meet a Nicola’s, 5704 Oleander Dr. (across from Duncan Donuts). All women are welcome to attend, but please RSVP to Elaine Bitto by noon on Monday before the dinner everyone can sit together.



### Pot Luck Dinner/Game Night— March 18 at 6:30 p.m.,

All women and their spouses, partners or friends are invited to bring a dish to share and a favorite game. We will have a relaxing night of good food and enjoyment. A love offering will be collected for use of the space. Sign up in the entryway or email [admin@unitywil.com](mailto:admin@unitywil.com) so we know how many to prepare for. Thanks!

### Line Dancing Every Friday 12:15–1:15 pm

Melinda McKeon and Evelyn Bradley are teaching line dancing in the Fellowship Hall. Everyone is invited to participate. Suggested donation is \$3.00.

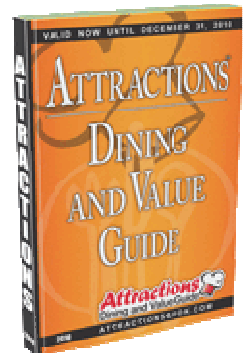
## *Planned Giving*

Giving is a way to express our greatest blessings, as well as our values. It demonstrates the principle of flow in our lives because we know that as we give, we also receive. There are many ways you can share God’s abundance with your church. There are a variety of ways to make a planned gift: a bequest in your will, giving cash, specific property, or a share of the remainder; a gift of real estate; a beneficiary of a life insurance policy or a charitable gift annuity.

Planned gifts may have positive financial impact on your estate! Ask your professional financial advisors about the methods of giving most advantageous for you.

## ATTRACTION ‘COUPON’ BOOKS

The 2011 Attraction book is one of the best deals in town. There are many buy one get one free lunches and dinners for many local restaurants as well as discounts on activities such as golf, bowling, etc. and local retailers: Best Buy, CVS, Dicks, Ace Hardware, and much, much more! You can purchase them on Sunday mornings or stop by the office during the day beginning in early August. The books cost \$25 and Unity receives \$10 for each.



# Community and Worldwide Service

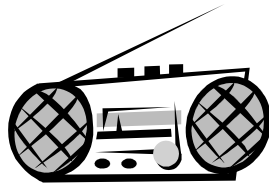
Mission: To bond together in love to engage in meaningful service to ourselves, our local community and the world.

The Community and Worldwide Service Team met on Tuesday, February 15th. The following people were in attendance: Jennifer Allen, Dianna Bridi, Annette Cook, George Dolan, Lisa Keating, Maureen Levy, Beth Thomas, and Renee Wells. Philip Pennington presented his project 'Galilee By the Sea.'

We sorted through many projects and ideas and selected those that we felt our church could best support.

## Projects for March

**Homes of Hope Cassette Player Collection:** Last summer we adopted an orphan who resides at Home of Hope, India. Her name is Dayasree and she is five years old. We are supporting Home of Hope in a variety of ways to make all the girls lives much better. Jennifer Allen has received 400 books on cassettes from a library. These will be sent to India so the girls can improve their English skills. However, they need cassette players to listen to these stories. If you have an old cassette player that plugs into a wall, please consider donating it. You may drop them off anytime at the church office during the months of March and April. Contact Dianna Bridi at 762-6289.



**Galilee By the Sea Work Days (Saturdays, March 12, 19, and 26)**—Philip Pennington, our newest musician, has a project in Brunswick County. The mission of Galilee by the Sea is to encourage and enable all to express their spirituality through missions and the arts. We accomplish this through mission camps for church youth groups, environmental and arts workshops, and events that encourage creative expressions through music and other creative arts. They need help finishing the 9,000 square foot chapel and community center. Philip assures us that there is work that everyone can do. All construction materials and equipment are supplied. We will carpool from the side parking lot leaving at 9:00 a.m. and returning at 4:00 p.m. If you cannot commit to a full day, please join us for as many hours as you can. We offer three Saturday work days: March 12, 19, and 26. Dianna Bridi is leading a team to prepare lunches for the workers. Contact Dianna at 762-6289 if you would be willing to assist.



Sign up in the entryway or contact Annette in the church office. Let's help finish this project!



## Projects for April

**Relay for Life, April 15-16 (Ashley High School):** The American Cancer Society Relay for Life is a life-changing event that gives everyone in communities across the globe a chance to celebrate the lives of people who have battled cancer, remember loved ones lost, and fight back against the disease. At Relay, teams of people camp out at a local high school and take turns walking or running around a track. Each team is asked to have a representative on the track at all times during the 24-hour event (cancer never sleeps). Donna May is coordinating a Team for this event. Contact Donna (793-3998) if you wish to be a part of the team.

**Relay for Life Quarter Auction, April 8, 6:00-10:00 p.m.** Items are given to the auction from various Direct Sellers and local businesses. Participants buy a number and "bid" on the objects up for auction. Bids start at 25 cents and can go up to \$2.00 depending on the retail value of the object. (1 quarter=\$25) When the participant chooses to bid, they put their quarters in a bucket and hold up their number. If their number is called, they win that object. If there is no winner, a new number is called until a winner comes forward. Relay for Life gets the proceeds from the door (\$5 per person) and the various vendors get the quarters. Many of the vendors donate their quarters back to the Relay for Life project. Want to help? Contact Donna May at 793-3998.



## Work on Wilmington April 16, 8:00 a.m.—Noon

**Celebration to follow at Mayfaire Town Center  
(food, fun, music).**

Join with hundreds of other Wilmingtonians painting, weeding, repairing, washing, etc. at various schools, nursing homes, parks, etc.

We have not yet been assigned a project but sign up in the entryway if you are willing to help!



## Sunday Worship Teams

	Mar. 6 and Apr. 3	Mar. 13 and Apr. 10	Mar. 20 and Apr. 17	Mar. 27 and Apr. 24
Usher/Greeters 9:00	Lori George Theo Haenn _____ _____	Theo Haenn Mickie Ricozzi Rick Ricozzi	Champion King, Lead Evelyn Bradley Bill Braman Nancy Braman	Jennifer Allen, Lead Ed Marecek Jody Marecek Dotti O'Flaherty
Sound Tech 9:00	Jim Downer	Jeff May	Paula Zabkar	Elanor Rimassa
Powerpoint 9:00	Dianna Bridi _____	Stanley Newton _____	Renee Wells _____	Dianna Bridi _____
Nursery Worker 9:00	Rebecca Winebar	Rebecca Winebar	Rebecca Winebar	Rebecca Winebar
Hospitality Set Up 9:00	Lori George	Beverly Perry	Bill & Nancy Braman	Evelyn Bradley
Usher/Greeters 11:00	Sis Tyler, Lead Raydell Bailey Elaine Bitto Jim Bitto Mary Golob	Gloria Wright, Lead Evelyn Bradley Laura LaBadie Donna May Laurie Mastrangelo-Simmons	CJ Spear, Lead Ed Corbin Jeanne Corbin Debby Creasy Joan Lopez	Lainie Mauge, Lead Judy Calloway Joseph Ludlum Gail O'Brien Zahara Oshnchild
Sound Tech 11:00	Jim Downer _____	John DeVeaux _____	Paula Zabkar _____	Elanor Rimassa _____
Powerpoint 11:00	_____ Caludette Cohen	Matt Westerling	Renee Wells	George Dolan
Tellers	Nancy Klase C.J. Spear	Gail O'Brien Jim Bitto	Judy Calloway Lainie Mauger	Emily Coxe Terri Downs
Sunday School 3-4 year olds	Phyllis Millette Cindy Yates	Phyllis Millette Cindy Yates	John Caprell Gena McKinley	John Caprell Gena McKinley
Sunday School 5, 6, and 7 year olds	Volunteers needed	Volunteers needed	Bill and Yvonne Pardo	Alan and Kaete Held Holly Kennedy
Sunday School 8, 9 and 10 year olds	Liz Freeman Dee Seidle	Liz Freeman Dee Seidle	Liz Freeman Dee Seidle Sarah Macey	Liz Freeman Dee Seidle Sarah Macey
Uniteen Sponsors	Connie Cox Eryn DeFoort	Connie Cox Eryn DeFoort	Connie Cox Eryn DeFoort	Connie Cox Eryn DeFoort
Y.O.U Sponsor	Connie Cox	Connie Cox	Connie Cox	Connie Cox
Hospitality Clean Up				

A light breakfast will be provided for those who are working at both services.

## Wednesday Worship Teams

	Mar. 2 and Apr. 6	Mar. 9 and Apr. 13	Mar. 11 and Apr. 20	Mar. 18 and Apr. 27	Mar. 25
Usher/Greeters 7:00	Sidney Nykanen	Christine Lyons	Nancy Braman	Nancy Klase	Scottie Maddox
Sound Tech 7:00	Jim Downer _____	_____ _____	Jim Downer _____	_____ _____	Jeff May

# March 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Yoga 6:00 pm  Music Rehearsals 3:15 pm  Men's Group 7:00 pm  Women's Gathering 7:00 pm	2 <b>Oasis</b> <b>7:00 pm</b>	3 N.A. 5:30 pm  <b>Quantum                      Energetics</b> <b>6:30 pm</b>  <b>Variety Show                      Rehearsal</b> <b>7:00 pm</b>	4 Book Group 10:00 a.m.  ACIM 11:00 am  Al-Anon Noon  Line Dancing 12:15 pm  <b>Mardi Gras                      Gala</b> <b>7:00 pm</b>	5 Drum Circle 10:00 am
6— <b>BirthDay Sun.                      Sunday Service</b> <b>9:00 &amp; 11:00 am</b> Youth Ed. 11:00 am <b>Healing Circle                      with Valentina</b> <b>12:30 pm</b>  ACIM 7:00 pm	7 <b>Healing Night</b> <b>7:00 pm</b>  <b>Heart Centered                      Metaphysics                      Class</b> <b>7:00 pm</b>	8 Music Rehearsals 3:15 pm  Yoga 6:00 pm  <b>Women's Dinner                      Out</b>  Women's Gathering 7:00 pm  Men's Group 7:00 pm	9 <b>Oasis</b> <b>7:00 pm</b>	10 N.A. 5:30 pm  <b>Variety Show                      Rehearsal</b> <b>7:00 pm</b>  <b>Parenting Class</b> <b>7:00 pm</b>	11 Book Group 10:00 a.m.  ACIM 11:00 am  Al-Anon Noon  Line Dancing 12:15pm	12 Meals on Wheels 9:00 am  <b>Galilee by the                      Sea Work Day</b> <b>9-4:00 pm</b>  Drum Circle 10:00 -11:30 am
13 <b>Sunday Service</b> <b>9:00 &amp; 11:00 am</b> Youth Ed. 11:00 am <b>Membership                      Meeting Noon</b> <b>Healing Circle                      with Valentina</b> <b>1:00 pm</b>  ACIM 7:00 pm	14 <b>Heart Centered                      Metaphysics                      Class</b> <b>7:00 pm</b>  <b>Fetching Liam                      Concert</b> <b>7:00 pm</b>	15 Yoga 6:00 pm  Music Rehearsals 3:15 pm  Men's Group 7:00 pm	16 <b>Oasis                      with Philip                      Pennington</b> <b>7:00 pm</b>	17 N.A. 5:30 pm  <b>Variety Show                      Rehearsal</b> <b>7:00 pm</b>  <b>Parenting Class</b> <b>7:00 pm</b>	18 Book Group 10:00 a.m.  ACIM 11:00 am  Al-Anon Noon  Line Dancing 12:15 pm  <b>Pot Luck Dinner/                      Game Night</b> <b>6:30 pm</b>	19 Drum Circle 10:00 am  <b>Galilee by the                      Sea Work Day</b> <b>9-4:00 pm</b>
20 <b>Sunday Service</b> <b>The Transenders                      and Beverly                      Bockover</b> <b>9:00 &amp; 11:00 am</b> Youth Ed. 11:00 am <b>Soup Sunday                      Noon</b> <b>Healing Circle                      With Valentina</b> <b>12:30 pm</b>  ACIM 7:00 pm	21 <b>Heart Centered                      Metaphysics                      Class</b> <b>7:00 pm</b>	22 Yoga 6:00 pm  Music Rehearsals 3:15 pm  Women's Gathering 7:00 pm  Men's Group 7:00 pm  <b>Improv</b> <b>7:00 pm</b>	23 <b>Oasis                      Guest Speaker</b> <b>7:00 pm</b>	24 Power Club 5:30 pm  N.A. 5:30 pm  <b>Variety Show                      Rehearsal</b> <b>7:00 pm</b>  <b>Parenting Class</b> <b>7:00 pm</b>	25 Book Group 10:00 a.m.  ACIM 11:00 am  Al-Anon Noon  Line Dancing 12:15 pm	26 Drum Circle 10:00 am  <b>Galilee by the                      Sea Work Day</b> <b>9-4:00 pm</b>  <b>Faster EFT                      Class</b> <b>10:00 am</b>
27 <b>Sunday Service</b> <b>9:00 &amp; 11:00 am</b> w/Paula Zabkar <b>Cape Fear CC                      Jazz Band</b> Youth Ed. 11:00 am  ACIM 7:00 pm <b>Cape Fear CC                      Jazz Band</b> <b>7:00 pm</b>	28 <b>Heart Centered                      Metaphysics                      Class</b> <b>7:00 pm</b>  <b>Reiki                      Practitioners</b> <b>7:00 pm</b>	29 Yoga 6:00 pm  Music Rehearsals 3:15 pm  Men's Group 7:00 pm  Women's Gathering 7:00 pm	30 <b>Oasis                      with Paula                      Zabkar</b> <b>7:00 pm</b>	31 N.A. 5:30 pm  <b>Variety Show                      Rehearsal</b> <b>7:00 pm</b>  <b>Parenting Class</b> <b>7:00 pm</b>		

# April 2011

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Book Group 10:00 a.m.  ACIM 11:00 am  Al-Anon Noon  Line Dancing 12:15 pm  <b>Variety Show                      7:00 pm</b>	2 Drum Circle 10:00 am
3 <b>Sunday Services                      9:00 &amp; 11:00 am</b> <b>Birthday                      Cupcakes</b> Youth Ed. 11:00 am  ACIM 7:00 pm	4 <b>Healing Night                      7:00 pm</b>	5 Music Rehearsal 3:15 pm  Yoga 6:00 pm  Men's Group 7:00 pm  Women's Gathering 7:00 pm	6 <b>Oasis                      7:00 pm</b>	7 N.A. 5:30 pm  <b>Parenting Class                      7:00 pm</b>	8 Book Group 10:00 a.m.  ACIM 11:00 am  Al-Anon Noon  Line Dancing 12:15 pm  <b>Quarter                      Auction                      6:00 pm</b>	9 Meals on Wheels 9:00 am  <b>New Member                      Class                      9:00 am</b>  Drum Circle 10:00 am
10 <b>Sunday Services                      9:00 &amp; 11:00 am</b> Youth Ed. 11:00 am  ACIM 7:00 pm	11 <b>Heart Centered                      Metaphysics                      Class                      7:00 pm</b>	12 Music Rehearsal 3:15 pm  <b>Women's Dinner                      Out                      6:00 pm</b>  Yoga 6:00 pm  Men's Group 7:00 pm  Women's Gathering 7:00 pm	13 <b>Oasis                      7:00 pm</b>	14 N.A. 5:30 pm  <b>Quantum                      Energetics                      7:00 pm pm</b>  <b>Parenting Class                      7:00 pm</b>	15 Book Group 10:00 a.m.  ACIM 11:00 am  Al-Anon Noon  Line Dancing 12:15 pm  <b>Newsletter                      Deadline</b>  <b>Relay for Life</b>	16 <b>Work on                      Wilmington                      8:00 am</b>  Drum Circle 10:00 am  <b>Relay for Life</b>
17 <b>Sunday Services                      9:00 &amp; 11:00 am</b> Youth Ed. 11:00 am <b>Soup' Sunday                      Noon</b>  ACIM 7:00 pm	18 <b>Heart Centered                      Metaphysics                      Class                      7:00 pm</b>	19 Music Rehearsal 3:15 pm  Yoga 6:00 pm  Men's Group 7:00 pm  Women's Gathering 7:00 pm	20 <b>Oasis                      7:00 pm</b>	21 N.A. 5:30 pm  Power Club 5:30 pm  <b>Maundy                      Thursday                      7:00 pm</b>	22 Book Group 10:00 a.m.  ACIM 11:00 am  Al-Anon Noon  Line Dancing 12:15 pm  <b>Seven Last                      Words of Jesus                      2:00 pm</b>	23 Drum Circle 10:00 am  <b>Children's                      Easter                      Celebration                      Noon-3:00 pm</b>
24— <b>Easter                      Sunday Services                      9:00 &amp; 11:00 am</b> Youth Ed. 11:00 am  ACIM 7:00 pm	25 Reiki Practitioners 7:00 pm  <b>Heart Centered                      Metaphysics                      Class                      7:00 pm</b>	26 Music Rehearsal 3:15 pm  Yoga 6:00 pm  Men's Group 7:00 pm  Women's Gathering 7:00 pm	27 <b>Oasis                      7:00 pm</b>   14	28 N.A. 5:30 pm	29 Book Group 10:00 a.m.  ACIM 11:00 am  Al-Anon Noon  Line Dancing 12:15 pm	30 Drum Circle 10:00 am

Office (910) 763-5155  
E-mail: admin@unitywil.com  
Website: unitywil.com  
Office Hours:  
Tuesday–Friday  
9:00 a.m.–4:00 p.m.

**Minister**  
Rev. Richard Levy

**Director of Youth Ministry**  
Christy Stegman

**IT and Sound**  
Jeff May

**Licensed Unity Teacher**  
Paula Zabkar

**Minister of Music and  
Worship Arts**  
Eileen Argenbright

**Music Team**  
Aaron Annis, Jim Downer, Will  
Grady, Benny Hill, Mike Jordon,  
Lisa Keating, Philip Pennington,  
Eleanor Rimassa, Elaine Sigmon

**Newsletter**  
Annette Cook

**Office Angels**  
Jennifer Allen, Scottie Maddox,  
Ed Marecek

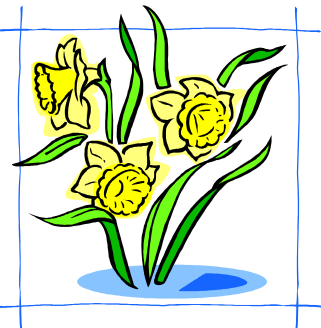
**Office Administrator**  
Annette Cook

**Sexton**  
Gordon McLaughlin

**Uniteens Sponsor**  
Connie Cox (Temp.) and  
Eryn DeFoort

**Volunteer Coordinator**  
Melinda McKeon

**Youth of Unity Sponsor**  
Connie Cox



## Sunday Morning

Worship Services—9:00 and 11:00 a.m.  
Nursery—9:00 and 11:00 a.m.  
Children’s Ministry Program —11:00 a.m.  
Uniteen Program—11:00 a.m.  
Youth of Unity Program—11:00 a.m.



## Missed the Sunday Service?

Would you like a copy of the Sunday service?  
Digital recordings of our services are available  
on CD for \$5 per copy. Place your order with  
one of our wonderful sound operators at the  
booth at the back of the Sanctuary or contact  
the church office to place your order. Orders  
will be ready for you to pick up the following  
Sunday.



## Birthdays for March

- 5 Laurie Mastrangelo-Simmons
- 6 Richard Levy
- 8 Jeanne Corbin
- 9 Emma Elias Michaels
- 10 Mac McConatha
- 13 Alicia Alexander
- 15 Rene Pare
- 17 Suzanne Wallen
- 21 Dee Seidel
- 24 Peggy Duncan
- 26 Alan Held
- 28 Elizabeth Dawsey

## Birthdays for April

- 2 Mitch Duke
- 7 Gail O’Brien
- 11 Kathleen Cerron, Diane  
Stirewalt
- 14 Scottie Maddox
- 15 Beth Elliott
- 18 Camille Hinrichs
- 19 Elaine Bitto
- 22 Peggy Dealey
- 24 Donna May
- 25 Yvonne Pardo
- 27 Barbara Amend



## Church Board Members

Jim Bitto  
Jennifer Brier  
George Dolan  
Nancy Klase  
Lainie Mauger  
Gail O’Brien



## Refreshments for March and April

If your last name begins with the letter S-T,  
we are asking you to bring in after service  
refreshments during the month of March.  
Last names beginning in A-I, you get the  
month of April. You can bring fruit, cheese  
and crackers, raw veggies, cookies, or what-  
ever finger foods you would like to bring.  
(Finger foods are a greener option so we do  
not have to use forks and plates—which save  
water, paper, and clean up time too!) Many  
thanks!



## Ink Jet Cartridge Recycling

Unity is collecting used ink cartridges of all  
kinds to recycle. A box is located in the lobby  
for these cartridges. We have raised \$286  
while being good stewards! Thanks to Liz  
Freeman for delivering these cartridges to  
the store for us.

## Regularly Scheduled Classes

**A Course in Miracles**  
Every Sunday at 7:00 p.m.  
Every Friday at 11:00 a.m.

**Music Rehearsal**  
Every Tuesday at 3:15 p.m.

**Yoga**  
Every Tuesday at 6:00 p.m.

**A Women’s Gathering**  
Every Tuesday at 7:00 p.m.

**Men’s Group**  
Tuesdays at 7:00 p.m.

**Wednesday Night Oasis**  
7:00 p.m.

**Friday Book Group**  
10:00 a.m.

**Line Dancing**  
Every Fri. at 12:15 p.m.



NON-PROFIT  
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WILMINGTON, NC  
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717 Orchard Avenue  
Wilmington, NC 28403

Rev. Richard Levy  
Rev. René N. Paré,  
Minister Emeritus

Return Service Requested

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## We're Here for You!

You are a very important part of our world and we want you to know the various ways we can reach out to you. Information about Unity of Wilmington is available at our website at [unitywil.com](http://unitywil.com). By clicking on various buttons you have access to:

**Sunday Services** - Each week a recording and video of the Sunday lesson is available (usually by Monday evening). Most of the lessons from 2010 and 2011 are listed on our website.

**Newsletter**—The current newsletter is available, as well as archives of the previous two or more years. You can print out a hard copy in the comfort of your home.

**Contact Us**—You may contact us at [admin@unitywil.com](mailto:admin@unitywil.com) or call us at 763-5155.

**Prayer**—Please let us know if you are in need of prayer support by filling out a Prayer Request form located in the entryway and in the Sanctuary on the table by the piano. You can also contact Silent Unity at 1-800-NOW-PRAY (1-800-669-7729).

**Email Updates**—Each week an email is sent out listing the events and classes for the current week. If you would like to receive these weekly emails, just send your request to [admin@unitywil.com](mailto:admin@unitywil.com).