

UNITY



CHRIST CHURCH
of Wilmington

A Path To Home

A home big enough for all of us.

Minister's Message

Unity of Wilmington
*Tune in, Turn on and Tap into
The Loving Presence of the Divine*

Weekly Scheduled Classes are Listed
on Inside of Back Cover

Birthday Sunday—Cupcakes Needed
Sept. 5 and Oct. 3 at 9:00 and 11:00 am

Healing Night
Monday, Sept. 6 at 7:00 pm

World Day of Prayer
Opening Service, Sept. 8 at 7:00 p.m.
Prayer Vigil, Sept. 9 at 7:00 am-7:00 pm
Closing Service, Sept. 9 at 7:00 pm

Beth Elliott's Celebration
Sunday, Sept. 12 at Noon

Women's Dinner Out—Macaroni Grill
Tuesday, Sept. 14 at 6:00 pm

Oeness Blessing Course
Friday, Sept. 17, 7:00-9:00 pm
Saturday, Sept. 18, 9:00am—6:00 pm
Sunday, Sept. 19, 1:00-5:00 pm

'Souper' Sunday
Sunday, Sept. 19 at Noon

Tribal Revival
Sunday, Sept. 19 at 7:00 pm

Four Spiritual Laws of Prosperity Class
Mondays, Sept. 20-Oct. 18, 7:00-9:00 pm

Food Physics Workshop
Saturday, Sept. 25 at 10:00 am

Meditation Techniques Class
Saturdays, Oct. 2-23, 9:30-11:00 am

Cupcakes Needed
Sunday, Oct. 3 at 9:00 am & 11:00 a.m.

Healing Night
Monday, Oct. 4 at 7:00 pm

Annual Community Picnic
Sunday, Oct. 10 at 12:30 pm

Women's Dinner Out—TBD
Tuesday, Oct. 12 at 6:00 pm

New Members Class
Saturday, Oct. 16 at 9:00 a.m.

'Souper' Sunday
Oct. 17 at Noon

Tribal Revival
Sunday, Oct. 17 at 7:00 pm

Newsletter Deadline
Friday, Oct. 22 at Noon

Halloween Party
Friday, Oct. 29 at 7:00 pm

Dear Unity Family,

Recently Rev. Neusom Holmes from Unity of Raleigh attended our Sunday service and said afterwards, "Man oh man, what an incredible energy is happening here!" Maureen and I could not agree more! We feel so blessed for the wonderful summer we have had and are so excited about the many ways and means which have manifested for this upcoming fall season to help us deepen our daily practice of bringing the Loving Presence of the Divine into our lives!

We are gathering amazing teachers to be our guides as we awaken together. This fall we will be focusing on the teachings of **Generosity**, using Lynn Twist's book *The Soul of Money* as our cornerstone for our Sunday services and Wednesday evenings to learn more about the abundance that is our natural inheritance. Our own beloved, just-licensed, Unity teacher, Paula Zabkar, will be teaching a **Prosperity Series** that will open the door wide to God's infinite divine substance. We will continue to dance into the Kingdom and Queendom of Heaven on Earth under the skilled leadership of Rev. Eryn DeFoort-Welch at **Tribal Revival**. Our own Christine Moughamian and Sherron Herdtner will guide us into deepening our connection to the Beloved through a four week series on **Meditation**. And, as if all that were not enough, Rev. Diadra Price (aka Rev Debbie Tyson) will be here in mid-September to offer a **Oeness Awakening Course** where attendees will be initiated as Oeness Blessing Givers and will be able to share the Grace with others, including during the Wednesday evening Oasis. People's lives continue to be changed through both receiving and giving this powerful Blessing. This is such an incredible gift for Wilmington!

The evolution of humanity from separation to oneness is well under way and is calling each of us to tune in, turn on and tap into the Loving Presence of the Divine in even greater ways. It is our time to step forward into our greatness and be a vehicle through which heaven is made known on earth, and we, as our Unity community, are boldly and joyfully stepping forward to do just that. Join us this fall season and together we will co-create something beautiful for God and each other.

Namaste,

Richard and Maureen





UNITY WORLD DAY OF PRAYER

Living in the Flow

Thursday, September 9

Opening Service: Wednesday at 7:00 p.m.

Prayer Vigil: Thursday 7:00 a.m.—7:00 p.m.

Closing Service: Thursday at 7:00 p.m.

This year's theme is "Living in the Flow." We behold the Divine within everyone and celebrate the full expression of our perfect God-created selves!

The Prayer Ministry lovingly invites you to participate in Unity's World Day of Prayer! Please join with Richard and Maureen Levy and the Prayer Ministry Team for the Opening Service on Wednesday, September 8th at 7:00 p.m.

There will be a 12-hour Prayer Vigil on Thursday, September 9th starting at 7:00 a.m. and ending with a closing service at 7:00 p.m. Look for sign-up sheets for the vigil in the foyer. Please also fill out and return your Prayer Lists with the names of those you would like us to bless and deposit them in the Prayer Boxes located in the Sanctuary and the foyer. These names will be prayed over during the Prayer Vigil.

As part of the special day, we are asking each of you to gather one ounce of water and pray over it for the next couple of weeks. Then on September 8th during the Opening Service we will blend our healing waters together. This water will then be sent to a sister Unity Church in Louisiana who will also bless the water and place it in the Gulf of Mexico. The remaining water will be available for you to take to your favorite water location and add blessings to it. If you will not be here on September 8th you may bring your water to the September 5th service.

Please visit www.worlddayofprayer.org for more details on this transformational global event. You are a living expression of Divine Love flowing forth into the world!

Prayer Ministry Team

UNITY'S ANNUAL COMMUNITY PICNIC

Sunday, October 10th at 12:30 p.m.

Join us at Shelter No. 6 (Equestrian Ring) at Hugh Macrae Park for great food, fun and fellowship! Everyone is asked to bring a dish to share. Unity will provide beverages, burgers and hot dogs. We need two gas grills, two grillmasters, along with folks to help with set up and break down. ***Please sign up in the foyer if you would be willing to assist!*** Also, you may wish to bring a chair as seating is limited.





Beth Elliott's Farewell Celebration Sunday, September 12 Immediately after the 11:00 a.m. Worship Service

Our beloved Beth Elliott is leaving for Arizona! Beth Elliott has been sharing her gift of music, playing the keyboards at Unity Christ Church since the early 1980's. We appreciate Beth so much for all the time she has played for us and been a part of this ministry! We will miss you lots!

Please join us for a love-filled sendoff on Sunday, September 12th. Please bring your favorite finger foods to share as we are entertained by special guest musicians and singers during and after the service.

Beth, we love you, we appreciate you, and we behold the Christ in you! We wish you many blessings as you embrace new opportunities in the South-west!!!

Sundays September 19 and October 17th
6:30 pm Hands-on-Healing — 7:00 pm Message begins

INDIE ROCK.ELECTRONICA.R&B.AMBIENT.HIP HOP.CLASSIC ROCK.POP.FUSION.DANCE.BLUES.HOUSE.FJUNK

Tribal Revival

Message.Music.
Movement.Meditation

Tribal Revival is a full-sensory event, celebrating your Divine Nature!

Each message is expressed through guided movement, dance, music and deep meditation.

Come early for hands-on healing to clear your chakras and relax your ego. Celebrate the week feeling tapped in to the Divine.

Sunday Nights
7/18 8/15 9/19

Energy Balancing
@ 6:30pm
Event @ 7pm

Cover Donation
\$10
Kids are Free!



Become a Oneness Blessing Giver...

With Oneness Trainer Rev. Diadra Price, co-founder of the Wings of Spirit Foundation and author of the book, *Grace Awakening Essence*.

The Oneness Blessing/Deeksha is sweeping the globe, *awakening* millions in its path. It is a *transfer of the Divine Energy* of Grace that has proven to be the fastest growing, non-denominational, spiritual phenomenon in living history.

Unity Christ Church

Friday, September 17 from 7:00-9:00 p.m.

Diadra will hold a Q & A introduction to the course. Everyone is welcome and will receive the Oneness Blessing. Love Offering Basis (Registered participants are required to be at this session.)

Two Day Oneness Awakening Course:

Saturday, September 18, 9:00 a.m. – 6:00 p.m.

Sunday, September 19, 1:00 - 5:00 p.m.

Suggested Offering for the 2-Day Course: \$195 (includes Saturday lunch)

Payment Due to "Wings of Spirit" first day of course

(No one will be turned away because of lack of funds)

***Please call Wings of Spirit at (828) 263-0400 to Pre-register**

Gifts of The Oneness Blessing

- Quiets the constant chatter of the mind, resulting in clarity of perception, peace, love, and joy.
- Dissolves negative life scripts, patterns, conditionings, and repressed emotions.
- Releases traumas stored at the cellular and energetic levels of the mind and body__restoring physical healing, harmony, and unconditional love in relationships.
- De-clutches the mind's belief in "not-enough," resulting in an effortless abundance of Life.
- Awakens the awareness of Oneness within the Divine, revealing the Original Design, the Divine Plan, and the fulfillment of Grace Consciousness.

For more information and a deeper understanding of the gifts of the Oneness Blessing please see these links of interest: www.onenessuniversity.org and www.wingsofspirit.com or e-mail: wings@wingsofspirit.com

WHO HAVE YOU COME HERE TO BE?

Has this thought been in your mind? Are you intrigued by this question?

COULD YOU BELIEVE THIS?

Everything I would possibly need or desire is always at my fingertips.

YOU CAN LIVE A LIFE OF UNLIMITED POSSIBILITIES!!

Come and explore these ideas and much more in this five week class based on the book:

The Four Spiritual Laws of Prosperity

By Edwene Gaines

Dates: Mondays for five consecutive weeks beginning September 20th—October 18th.

Time: 7:00 – 9:00 p.m.

Additional Recommended Reading: *Prosperity* by Charles Fillmore and *Spiritual Economics* by Eric Butterworth

Facilitator: Paula Zabkar, LUT

Questions and Registration: pazabkar@ec.rr.com or 910.520.5766 or sign-up in the lobby of Unity.

A limited supply of books available at the church office for \$15.00.

You are never further than one idea away from all the wealth in the Universe.

Eric Butterworth, *Spiritual Economics*

News from the Garden Ministry

Mission Statement: *To express love by growing and nurturing a garden where we can experience God in nature.*

It's been a hot summer, but thanks to many helpers, we've been able to keep the garden thriving! Thanks to Laura Dawson, Carolyn Faulkner, Kaete Held, Mary Pat Hughes, Ed Marecek, Kate Rouse and Jon Scarborough for weeding, mulching and watering!!!

If you are interested in assisting with the Garden Ministry please contact me at 254-0390.

Jody Marecek



Healing Night Monday, September 6 7:00-9:00 p.m.

This evening of healing is open to all wishing to receive healing touch. Contact Sis Tyler at 452-0415 if you have any questions or wish to participate as a facilitator. Love offerings accepted.



**I AM existence, consciousness,
bliss!**

BOARD BUZZ



New Thought and Change

Progressive new thoughts (ideas) are kindling the future of the Unity Movement into a leading role for providing practical, spiritual daily-living tools for the masses; as a result, spiritual growth on our planet.

When our Board started discussing a name change for our spiritual home, we didn't know that Unity School of Christianity and Unity International were planning to combine their activities under the umbrella of Unity Worldwide Ministries. We did know that Unity Christ Church of Wilmington had been confused with many other denominations outside of the new thought movement for many, many years.

"THANK YOU" for the conversation at our Membership Meeting on August 8th. You have been heard! Your commitment to this Spiritual Family is tremendously appreciated.

At present, we are closely working with Unity Worldwide Ministries to be a part of the excitement for growth of the Unity Movement.

Conversations will continue! Your Board Members appreciate your input. This Spiritual Home needs YOU.

Bea Haik, Board President

Fellowship Circles for September

Fellowship Circles are an opportunity for getting to know others in a small informal group. You can meet for breakfast, lunch or dinner, go bowling, visit a museum, go on a boat ride, etc. However, most people do enjoy having a pot luck meal at someone's home or going out to eat at a restaurant. This is a great way to meet new folks and visit with old friends, too! (Hosts: Please include Rev. Richard and Maureen to participate in your event whenever possible.)

Hosts for September:

Kelly Clark
Marla Jackson
Diane McGoun

Samantha Freda
Lisa and Bob Keating
Beth Ventre

If you missed your hosting opportunity in previous months, you are encouraged to call your group and plan an activity!

Contact Annette Cook
(admin@unitywil.com or 763-5155) if you would like to be added to the Substitute List.



The Wednesday Night Oasis 7:00 p.m.

**Need a midweek transfusion of inspirational energy?
Feeling like your spiritual arteries are clogged
with forgetfulness and fear?
We have the cure!**

Come and join us for a powerful, inspired, uplifting, and practical message delivered by our own Reverend Richard. We will chant and pray together and Richard and Maureen will share the Oneness Blessing with any and all who would like that experience.

Reverend Richard writes, "At this critical time in our planet's story, we are being given opportunities to receive Divine Grace from all of our spiritual traditions and their teachers, an opportunity to shift our consciousness from separation to oneness, from fear to love. This shift is happening to thousands and thousands of people across the planet and it literally has the power to change the world's direction in our lifetimes."

Join us as Reverend Richard and Maureen help us open the doors to joy, compassion, and a profound sense of connection.

Make the shift!

'Souper' Sundays September 18 and October 17

'Souper' Sundays are held on the third Sunday of the month. This is a great way to fellowship while enjoying a delicious cup of soup. Please sign up if you will prepare a soup. Finger foods and desserts are also welcome, too!

Thanks to the soup makers for July and August!



Attention All Unity Young Adults!!!
(Our 18-35ish Joyful Spirits)

Come join us on our new Next Generation Unity (NGU) Facebook Group—Unity of Wilmington NGU. This is a virtual meeting place for our young adults. Feel free to join, post prayer requests, and discussion threads. Our group is designed to keep young adults connected to our community in a meaningful way through technology—even if you are away at college...LOL

If you are interested in assisting with chairing this group or if you have any questions, please contact Jennifer Brier (604-3324). See you on Facebook.

GREEN ENERGY!

Monthly budget for June & July	\$42,626
Total Income June & July	\$34,478
Total Expenses June & July	\$33,639
Profit/(Loss) for June and July	\$ 839
Total Year to Date	(\$ -4,157)

CUPCAKES NEEDED

Sundays

September 5 and October 3



The Hospitality Team is looking for folks to bake cupcakes for our monthly birthday celebration. You can make any flavor, with or without sugar, regular size or minis, box mix, scratch or even store bought! We appreciate your generosity and willingness to help us celebrate our congregants special day!

Thanks to those who brought in cupcakes in July and August!

SAVE THE DATE!
Saturday, December 4th
AUCTION
Details to follow!

Men's Group
Tuesdays at 7:00 p.m.

All men of Unity are invited to participate in the men's gathering. Together we are exploring life as men in the 21st century. If you are a man who desires to know your wholeness and holiness more completely than ever before, make plans to join this gathering of men.

A Course in Miracles
Fridays and Sundays

A Course In Miracles teaches a thought system – a way of seeing and understanding—based on love and oneness with Spirit and with each other, as contrasted with the thought system the world teaches which is based on fear and separation. The Course shows how our human (or ego) minds resist these ideas because of our attachment to our separate bodies.

One group meets on Sundays 7:00-8:30 p.m. in the parlor. A second group meets on Fridays from 11:00–Noon in the Uniteen room in the Children's area. We read the text together and discuss the material. We welcome you to visit to see if this is for you. The book also includes a workbook section made up of daily lessons. For information, contact Penelope Morningstar at 791-7200 (Sunday group) and John Geiger 686-2091 (Friday group).

FRIDAY MORNING BOOK STUDY
10:00–11:45 a.m.

This Book Study Group meets every Friday in the Parlor where they discuss books with a spiritual genre. They are currently reading "The Fifth Agreement" by Don Miguel Ruiz. Join us in the Parlor as often as you can. Questions? Call 799-8639.



Drum Circle
Saturday Mornings
10:00–11:30 a.m. at Unity

Bring your drum and join others and learn cool rhythms. A love offering will be accepted. For more information, contact Jess Watson at 328-2528.

Newsletter Deadline
for November/December issue
Friday, October 22
Please submit your newsletter articles for publication.

BACK BY POPULAR DEMAND!
COME LEARN TO ASSESS and IMPROVE YOUR OWN HEALTH
Saturday, September 25th,
Beginner Class at 10:00 a.m., Intermediate Class at 11:00 a.m.

Determine patterns on your tongue and interpret them into meaningful language. That language can then be used to make food choices necessary to regain balance in the body and restore health. Educated food choices can be used to:

- Aid and enhance sleep
- Improve memory
- Increase energy
- Alleviate PMS symptoms
- Manage menopausal symptoms
- Lessen mood swings
- Reduce body aches and pains
- Address low grade and/or chronic syndromes

Laura Dawson, Master in Acupuncture and Oriental Medicine, became enthralled with nutrition and its influence on health. "Teaching the people use of food to affect a healing of sickness and disease is my passion. As my skills developed, I was asked to create an educational program for nurses and physicians designed to enlighten them in the ways of understanding patterns on the tongue and what foods could be used to generate desired health changes. It is with power of informed choice in the foods consumed that long-term health may be attained."

Gain an awareness of your unique constitution

Learn to take a responsible role in choosing foods

Enhance your health and spark vitality

Take home tools to help menu planning

Nutritional information that is understandable and personal. Now you can begin to make wise and educated decisions when you go to the market, eat out, prepare a meal at home, or reach for a snack.

Come out on Saturday, September 25th for an eye-opening, one hour, interactive presentation.

Advance reservation suggested (910) 777-7307. Seating limited.

Suggested offering \$10.00 (no one will be excluded) includes a gift to all attendees at the end of the program.

Kanuga—UMMAS Annual Retreat
Tuesday, September 14—Friday, 17, 2010
“The Divine Yes!” - Keynote Speaker: Mary Manin Morrissey

Our keynote speaker this year is Mary Manin Morrissey, International Speaker, Best-Selling Author, CEO Consultant, Visionary, Empowerment Specialist... read about this dynamic woman here: <http://www.ummas.org/RetreatKeynote.html> Full information about the rest of the retreat is now on the webpage: <http://www.ummas.org/Retreat.html>

Once again, this delightful gathering of Unity people will be held at beautiful Kanuga conference center in Hendersonville, NC. Plan to join us for a wonderful time to explore spiritual teachings, relax and center yourself amidst the mountain splendor, and enjoy playtime with fellow seekers!



Children's Corner

There have been so many blessings this summer in Youth Ministry. The "Christmas in July" toy drive for First in Families (FiF) was a great success! FiF was so grateful for the wonderful items we donated. Thank you to everyone who donated items!

On August 21st a regional teacher training was held in Raleigh. Our Children's Sunday School Teachers, John Caprell and Cindy Yates joined me for this special time. The training was a great opportunity to fellowship and share ideas with other Sunday School Teachers from the surrounding areas. We were able to check out some really awesome curriculum and resources that Steven Butler brought with him. The training focused on using the Bible to teach children about Unity principles. Lots of ideas were shared on how to make it fun and interesting and most importantly, relevant to our children. We had a great time and I thank John and Cindy for taking time out of their weekend to attend with me!

We are still in need of volunteers to teach Sunday School. If you are interested in getting involved, teachers are needed for all ages except for the 8, 9, and 10 year olds.

**CoCo Bears (3-4 year olds) - 2 Sundays a month
Universe Kids (5,6, and 7 year olds) 2 Sundays a month
Uniteens (11-13 year olds) 2-4 adults teaching 1-2 Sundays a month**

If you are interested in getting involved, please contact me at 352-8639 or christystegman@yahoo.com.

Christy Stegman



Membership Class

Saturday, October 16

9:00 a.m.—1:00 p.m.

Followed by a Potluck Luncheon

Your presence, your voice, and your support are important to the health and vitality of this ministry, because this ministry consists of individuals just like you! Won't you consider making a larger commitment to your spiritual home?

Reasons why you might want to become a member:

- Increase your commitment to your spiritual growth and oneness with Spirit;
- Increase your sense of belonging to your spiritual community;
- Participate in the good this ministry contributes to the lives of so many;
- Contribute to the continued growth and development of your spiritual home by voting at the Annual Meeting and/or by becoming a member of the Board of Trustees (**You must be a member for one year before being eligible to sit on the board*); and
- Receive discounts for weddings and memorial services for yourself or immediate family members.

This class, which meets the requirement for becoming a member, will review the five basic teachings of Unity and help you get a clearer perception of Unity's beginnings and its place in the world today. Please contact Annette at 910-763-5155 or email her at admin@unitywil.com to enroll in the membership class.

We thank you for your continued support and involvement in whatever form it takes!

Namaste,

Rev. Richard and Maureen Levy
And your Board of Trustees

Yoga Classes at Unity Beginning Tuesday, September 7th

Beginning on Tuesday, September 7th, two Kunga Yoga Classes will be offered at Unity. Kunga means to serve, help, reconcile. Yoga mean to unite. These classes are about coming back to our center, brining stillness and awareness back into our life and uniting all while getting into the poses and breathing. It is based on Hatha Yoga and will be an all level class.

Two one-hour classes will be offered in the Parlor on a love offering basis:

Tuesdays: 5:30—6:30 p.m.

Saturdays: 4:00—5:00 p.m.

Please contact the instructor, Nicky Schuller at 215-485-0429 for more information.



Sunday Worship Teams

	Sept. 5 and Oct. 3	Sept. 12 and Oct. 10	Sept. 19 and Oct. 17	Sept. 26 and Oct. 24	October 31
Usher/Greeters 9:00	Jennifer Beddoe, Lead Barbara Graf Harry Graf Gayle Tabor	Gloria Wright, Lead Sandy Hulberg Mickie Rizzozi Rick Rizzozi	Champion King, Lead Evelyn Bradley Bill Braman Nancy Braman	Jennifer Allen, Lead Ed Marecek Jody Marecek Dotti O'Flaherty	Louise Miller, Lead Cynthia Lacewell Scottie Maddox Beverly Perry
Sound Tech 9:00	Jim Downer	John DeVeaux	Paula Zabkar	Jeff May	Jeff May
Powerpoint 9:00	Stanley Newton Dianna Bridi—Oct	Jon Scarborough Mac McConatha—Oct.	Rene Wells	George Dolan Jon Scarborough—Oct.	Mac McConatha George Dolan—Oct.
Nursery Worker 9:00	Rebecca Winebar	Rebecca Winebar	Rebecca Winebar	Rebecca Winebar	Rebecca Winebar
Hospitality Set Up 9:00	Lori and Casey George	Volunteer needed	Bill & Nancy Braman	Evelyn Bradley	Volunteer needed
Prayer Minister 9:00	Joan Lamm	Paula Zabkar	Laura Dawson	Jill Lahnstein	Jill Lahnstein—Oct.
Usher/Greeters 11:00	Sis Tyler, Lead Raydell Bailey Elaine Bitto Jim Bitto Mary Golob	Gloria Wright, Lead Evelyn Bradley Carol Jenkins Laura LaBadie Donna May	Bea Haik, Lead Ed Corbin Jeanne Corbin Richard Rooks CJ Spear	Lainie Mauge, Lead Gail O'Brien Zahara Oshnchild Judy Wright-Calloway Cindy Yates	Louise Miller, Lead Dotti O'Flaherty Gail O'Brien Laura Dawson Cathy Byrne
Sound Tech 11:00	Jim Downer	John DeVeaux	Paula Zabkar	Jeff May	Jeff May
Powerpoint 11:00	Matt Westerling	Mac McConatha Stanley Newton—Oct.	Rene Wells	Leslie Dixon	Matt Westerling—Oct.
Prayer Ministers 11:00	Joan Lamm	Alicia Alexander	Laura Dawson	Gail O'Brien Erika Lawrence	Penelope Morningstar—Oct.
Tellers	Bea Haik Lainie Mauer	Sherron Herdtner Gail O'Brien	Judy Calloway Champion King	Emily Coxe Terri Downs	
Sunday School 3-4 year olds	Christy Stegman Cindy Yates	Volunteer needed Cindy Yates	John Caprell Gena McKinley	John Caprell Gena McKinley	Christy Stegman
Sunday School 5, 6, and 7 year olds	Volunteers needed	Volunteers needed	Bill and Yvonne Pardo	Alan and Kaete Held	Christy Stegman
Sunday School 8, 9 and 10 year olds	Liz Freeman Dee Seidle	Liz Freeman Dee Seidle	Liz Freeman Dee Seidle	Liz Freeman Dee Seidle	Liz Freeman Dee Seidle
Uniteen Sponsors	Connie Cox Volunteer needed	Connie Cox Volunteer needed	Connie Cox Volunteer needed	Connie Cox Volunteer needed	Connie Cox Volunteer needed
Y.O.U Sponsor	Connie Cox	Connie Cox	Connie Cox	Connie Cox	Connie Cox
Hospitality Clean Up					

A light breakfast will be provided for those who are working at both services.

Wednesday Worship Teams

	Sept. 1 and Oct. 6	Sept. 8 and Oct. 13	Sept. 15 and Oct. 20	Sept. 22 and Oct. 27	Sept. 29
Usher/Greeters 7:00	Sidney Nykanen	Christine Lyons	Nancy Braman	Nancy Klase	Scottie Maddox
Sound Tech 7:00	Jim Downer	Paula Zabkar	Jim Downer	Paula Zabkar	May

The Welcome Team New Coordinator—C.J. Spear!

Our Mission: To radiate love and light to all who enter our Spiritual Home, Unity Christ Church of Wilmington.

The Welcome Team announces C.J. Spear as the new Coordinator along with assistant Carole Jenkins! We thank Scottie Maddox for organizing and training the Welcome Team for the past four years. We also thank her for the many lunches and breakfasts she has prepared along with all the other duties she performs at Unity. (Scottie is here every Friday folding bulletins, preparing Welcome Packs, checking that supplies are stocked up, etc. She is one of our dedicated Office Angels!)

We welcome Theo Haenn to our Team! Theo will be working during the 9:00 a.m. service.

Interested in joining this fun team? Have any suggestions? Contact C.J. Spear (297-2139) or Carol Jenkins (471-6210)

And a BIG THANK YOU to all who serve on this Team!

WELCOME

Staying Connected *Listen and Watch*

You can now listen to and view Rev. Richard Levy's messages on your computer! Just go to our website at unity-wil.com and go to the "listen" button. There you can find many of Rev. Richard Levy's lessons from each Sunday. Brad Brown has been filming these lessons and we are linking them to this page also. While there, you can also make a donation to our ministry by simply clicking on the Paypal button. This is an easy way to support your church as you are fed spiritually by each week's lesson.

We Can Use Your Support

There are so many ways in which you can support your spiritual home. You can fill out a *Volunteer Opportunities Booklet* located in the Fellowship Hall or on our website and let us know where you wish to assist. You can hold this ministry and congregants in prayer for their highest good. You can extend a warm welcome to a new visitor or to someone whom you don't know very well. You can invite a family member or a friend to join you on a Sunday. And of course, your financial support is so important! In all these ways you support our community. Thank you!

Unity's Women's Group

Dinner at the Macaroni Grill, September 14 at 6:00 p.m.

On the second Tuesday of the month, Unity's Women's Group will have a dinner out at a restaurant. The next dinner will be on September 14th, 6:00 p.m. at the Macaroni Grill at Mayfaire. All women are welcome to attend, but please RSVP to Elaine Bitto by noon on Monday, September 13 so we may all sit together.

A Women's Gathering,

A Women's Gathering meets on the 2nd and 4th Thursdays of each month from 7:00-8:30 p.m. in the Parlor. Gloria Wright, LCSW, will facilitate the meetings which will be discussion of personal issues. All women are welcome to attend. The next meeting is September 9th.



Master Mind Groups

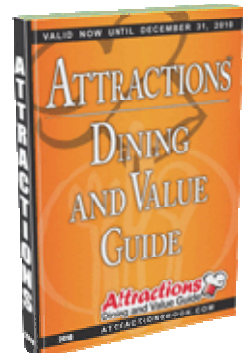
A meeting was held on Sunday, July 11 to discuss the Master Mind process. Three groups were formed with 17 women participating. Master Mind groups can meet weekly or bi-weekly, and are goal oriented support groups. The meetings typically last one hour with time for check in, meditation and then goal setting. Supportive statements are read and the group dismisses. A Master Mind group is usually 4-7 people. If you are interested in being a part of a group, contact Annette in the office at admin@unitywil.com or call 763-5155.

Other Groups

A survey was handed out at the initial Women's Group meeting and there was a lot of interest in the following: evening book club, theater/movie group, gardening, dancing, arts and crafts, and game nights. If you would be willing to coordinate any one of these groups (or a group not listed), please contact Elaine Bitto at 200-5093.

ATTRACTION 'COUPON' BOOKS New for 2011!

The 2011 Attraction book is one of the best deals in town. There are many buy one get one free lunches and dinners for many local restaurants as well as discounts on activities such as golf, bowling, etc. and local retailers: Best Buy, CVS, Dicks, Ace Hardware, and much, much more! You can purchase them on Sunday mornings or stop by the office during the day beginning in early August. The books cost \$25 and Unity receives \$10 for each book purchased.



September 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Oasis 7:00 pm	2 N.A. 5:30 pm	3 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon	4 Drum Circle 10:00 am Yoga 4:00 pm
5 Sunday Service 9:00 & 11:00 am <i>Birthday Cupcakes</i> 10:00 & Noon Youth Ed. 11:00 am ACIM 7:00 pm	6 <i>Healing Night</i> 7:00 pm	7—Office Closed Music Rehearsals 3:00 pm Yoga 5:30 pm Men's Group 7:00 pm	8 <i>Oasis and Opening Service for World Day of Prayer</i> 7:00 pm	9—Unity World Day of Prayer <i>Prayer Vigil</i> 7:00am—7:00 pm Prosperity Team 12:30 pm N.A. 5:30 pm <i>Closing Service for World Day of Prayer</i> 7:00 pm A Women's Gathering 7:00 pm	9 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon	10 Meals on Wheels 9:00 am Drum Circle 10:00 am—4:00 pm Yoga 4:00 pm
12 Sunday Service 9:00 & 11:00 am Youth Ed. 11:00 am <i>Beth's Celebration</i> Noon ACIM 7:00 pm	13	14 Music Rehearsals 3:30 pm Yoga 5:30 pm <i>Women's Group Dinner at Macaroni Grill</i> 6:00 pm Men's Group 7:00 pm	15—Office closed Oasis 7:00 pm	16—Office closed N.A. 5:30 pm Power Club 5:30 pm	17 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon <i>Oeness Blessing Introduction</i> 7:00-9:00 pm	18 <i>Oeness Blessing Course</i> 9:00 am—6:00 pm Drum Circle 10:00 am Yoga 4:00 pm
19 Sunday Service 9:00 & 11:00 am Youth Ed. 11:00 am <i>'Souper' Sunday Noon</i> <i>Oeness Blessing Course</i> 1:00-5:00 pm <i>Tribal Revival</i> 6:30 pm ACIM 7:00 pm	20 <i>Four Spiritual Laws of Prosperity Class</i> 7:00-9:00 pm	21 Music Rehearsals 3:30 pm Yoga 5:30 pm Men's Group 7:00 pm	22 Oasis 7:00 pm	23 N.A. 5:30 pm A Women's Gathering 7:00 pm	24 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon	25 Drum Circle 10:00 am <i>Food Physics Workshops</i> 10:00 am and 11:00 am Yoga 4:00 pm
26 Sunday Service 9:00 & 11:00 am Youth Ed. 11:00 am ACIM 7:00 pm	27 <i>Four Spiritual Laws of Prosperity Class</i> 7:00-9:00 pm	28 Music Rehearsals 3:30 pm Yoga 5:30 pm Men's Group 7:00 pm	29 Oasis 7:00 pm	30 N.A. 5:30 pm		

October 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon	2 Meditation Class 9:30-11:00 am Drum Circle 10:00 am Yoga 4:00 pm
3 Sunday Services 9:00 & 11:00 am <i>Birthday Cupcakes</i> 10:00 & Noon Youth Ed. 11:00 am ACIM 7:00 pm	4 Four Spiritual Laws of Prosperity Class 7:00-9:00 pm	5 Music Rehearsal 3:30 pm Yoga 5:30 pm Men's Group 7:00 pm	6 Oasis 7:00 pm	7 N.A. 5:30 pm Halloween Party Planning 3:00 pm	8 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon	9 Meditation Class 9:30-11:00 am Drum Circle 10:00 am Yoga 4:00 pm
10 Sunday Services 9:00 & 11:00 am Youth Ed. 11:00 am Picnic 12:30 pm ACIM 7:00 pm	11 Four Spiritual Laws of Prosperity Class 7:00-9:00 pm	12 Music Rehearsal 3:30 pm Yoga 5:30 pm Women's Dinner Out 6:00 pm Men's Group 7:00 pm	13 Oasis 7:00 pm	14 N.A. 5:30 pm A Women's Gathering 7:00 pm	15 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon Meditation Class 7:00-8:30 Off-site	16 Meals on Wheels 9:00 am New Member Class 9:00 am—1:00 pm Drum Circle 10:00 am Yoga 4:00 pm
17 Sunday Services 9:00 & 11:00 am Youth Ed. 11:00 am Souper' Sunday Noon Tribal Revival 7:00 pm ACIM 7:00 pm	18 Four Spiritual Laws of Prosperity Class 7:00-9:00 pm	19 Music Rehearsal 3:30 pm Yoga 5:30 pm Men's Group 7:00 pm	20 Oasis 7:00 pm	21 N.A. 5:30 pm Power Club 5:30 pm	22 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon Newsletter Deadline	23 Meditation Class 9:30-11:00 am Drum Circle 10:00 am Yoga 4:00 pm
24 Sunday Services 9:00 & 11:00 am Youth Ed. 11:00 am ACIM 7:00 pm	25	26 Music Rehearsal 3:30 pm Yoga 5:30 pm Men's Group 7:00 pm	27 Oasis 7:00 pm	28 N.A. 5:30 pm A Women's Gathering 7:00 pm	29 Book Group 10:00 a.m. ACIM 11:00 am Al-Anon Noon Halloween Party 7:00 pm	30 Drum Circle 10:00 am Yoga 4:00 pm
31 Sunday Services 9:00 & 11:00 am Youth Ed. 11:00 am ACIM 7:00 pm						

FOUR MEDITATION TECHNIQUES FOR A BALANCED LIFE

Have you ever wondered how the benefits of a meditation practice could impact your life?

Come to our four week series of classes entitled *FOUR MEDITATION TECHNIQUES FOR A BALANCED LIFE* and experience the benefits of meditation for yourself. This series begins with learning to use meditation in your ordinary, every day life routines and progresses to deeper levels of knowing yourself through meditation. Each class stands alone but participants are encouraged to take all four classes.

Upon completion of the series you will have techniques that will support the deepening of your meditation practice.

CLASS 1: Saturday October 2 at Unity 9:30-11am
MINDFUL EATING, MINDFUL LIFE With Sherron Herdtner, PhD

CLASS 2: Saturday October 9 at Unity 9:30-11am
CHAKRA BALANCING WITH HARMONIC CHANTING With Christine Moughamian

CLASS 3: Friday October 15 at Church of the Servant 7-8:30pm
WALKING THE LABYRINTH: A PILGRIMAGE TO THE SELF With Christine Moughamian

CLASS 4: Saturday October 23 at Unity 9:30-11am
TONGLEN: A MEDITATION FOR DEVELOPING LOVE AND COMPASSION With Sherron Herdtner, PhD

PLEASE NOTE: All classes held at Unity on Saturday morning except Class 3 held at Church of the Servant on Friday evening.

SHERRON HERDTNER has a PhD in Nursing and taught Nursing at Kent State University for twenty-six years. After retiring from teaching Dr. Herdtner became a Professor Emeritus at Kent State University College of Nursing. She has taught several workshops on Meditation, Mindfulness Techniques, and Therapeutic Touch, an energy healing modality.

CHRISTINE MOUGHAMIAN taught Yoga for ten years in Wilmington where she opened the first Yoga and Pilates studio. Christine is a Experienced Yoga Teacher registered with the Yoga Alliance and a Level III Reiki Practitioner. She has facilitated classes, workshops and retreats on the benefits of Yoga and Meditation and published numerous articles on Health and Spirituality.

The tuition is \$15.00 per class or pre-register for the series and pay only \$50.00. All materials included.



Halloween Party

**Friday, October 29
in the Evening**

**Snacks!
Prizes!
Costumes—Yes!
Dancing!
Beverages!**



Planning Meeting—Thursday,

Oct. 7 at 3:00 p.m. Join us for planning this hauntingly good time! If you wish to help but cannot attend the meeting, call the church office at 763-5155.



Office (910) 763-5155
 E-mail: admin@unitywil.com
 Website: unitywil.com
 Office Hours:
 Tuesday–Friday
 9:00 a.m.–4:00 p.m.

Minister
 Rev. Richard Levy

Director of Youth Ministry
 Christy Stegman

IT and Sound
 Jeff May

Licensed Unity Teacher
 Paula Zabkar

**Minister of Music and
 Worship Arts**
 Eileen Argenbright

Music Team
 Jim Downer, Beth Elliott, Lisa
 Keating, Elaine Sigmon

Newsletter
 Annette Cook

Office Angels
 Jennifer Allen, Scottie Maddox,
 Ed Marecek

Office Administrator
 Annette Cook

Sexton
 Gordon McLaughlin

Uniteens Sponsor Needed
 Connie Cox (Temp.)

Youth of Unity Sponsor
 Connie Cox



Sunday Morning

Worship Services—9:00 and 11:00 a.m.
 Nursery—9:00 and 11:00 a.m.
 Children’s Ministry Program —11:00 a.m.
 Uniteen Program—11:00 a.m.
 Youth of Unity Program—11:00 a.m.



Missed the Sunday Service?

Would you like a copy of the Sunday service?
 Digital recordings of our services are available
 on CD for \$5 per copy. Place your order with
 one of our wonderful sound operators at the
 booth at the back of the Sanctuary or contact
 the church office to place your order. Orders
 will be ready for you to pick up the following
 Sunday.



Birthdays for September

3	Lainie Mauger
5	Alice Fedick
6	Jim Bitto
7	Terri Mann
10	Elaine Sigmon
13	Ed Marecek
16	Jim Downer
17	Carol Jenkins
23	Liz Freeman
26	Dianna Bridi Bea Haik
	Jody Marecek
28	Kate Rouse

Birthdays for October

1	Jim Cain Theo Haenn
3	Erika O’Steen
5	Cindy Yates
6	Judy Calloway
8	Nancy Braman
15	Jennifer Brier
16	Cheryl Livingston
18	C.J. Spear
19	Jim Maddox
26	Lendon Ganey Michelle Hafey John Hinrichs

Church Board Members

Jim Bitto
 Jennifer Brier
 Bea Haik
 Nancy Klase
 Lainie Mauger
 Gail O’Brien



Refreshments for September and October

If your last name begins with the letter S-Z,
 we are asking you to bring in after service
 refreshments during the month of Septem-
 ber. Last names beginning in A-H, you get
 the month of October. You can bring fruit,
 cheese and crackers, raw veggies, cookies,
 or whatever **finger foods** you would like to
 bring. (Finger foods are a greener option so
 we do not have to use forks and plates—
 which save water, paper, and clean up time
 too!) Many thanks!



Ink Jet Cartridge Recycling

Unity is collecting used ink cartridges of all
 kinds to recycle. A box is located in the lobby
 for these cartridges. We have raised \$266
 while being good stewards! Thanks to Liz
 Freeman for delivering these cartridges to
 the store for us.

Regularly Scheduled Classes

A Course in Miracles

Every Sunday at 7:00 p.m.
 Every Friday at 11:00 a.m.

Music Rehearsal

Every Tuesday at 3:30 p.m.

Yoga

Every Tuesday at 3:30 p.m.
 Every Saturday at 4:00 p.m.

Men’s Group

Tuesdays at 7:00 p.m.

Wednesday Night Oasis

7:00 p.m.

Women’s Gathering

Every 2nd and 4th Tuesday

Friday Book Group

10:00 a.m.



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Rev. Richard Levy
Rev. René N. Paré,
Minister Emeritus

We're Here for You!

You are a very important part of our world and we want you to know the various ways we can reach out to you. Information about Unity Christ Church of Wilmington is available at our web site at unitywil.com. By clicking on various buttons you have access to:

Sunday Services - Each week a recording and video of the Sunday lesson is available (usually by Monday evening). Most of the lessons from 2010 are listed on our website.

Newsletter—The current newsletter is available, as well as archives of the previous two or more years. You can print out a hard copy in the comfort of your home.

Contact Us—You may contact us at admin@unitywil.com or call us at 763-5155.

Prayer—Please let us know if you are in need of prayer support by filling out a Prayer Request form located in the entryway and in the Sanctuary on the table by the piano. You can send an email which will be forwarded to the Prayer Ministry Team. You can also contact Silent Unity at 1-800-NOW-PRAY (1-800-669-7729).

Email Updates—Each week an email is sent out listing the events and classes for the current week. If you would like to receive these weekly emails, just send your request to admin@unitywil.com.